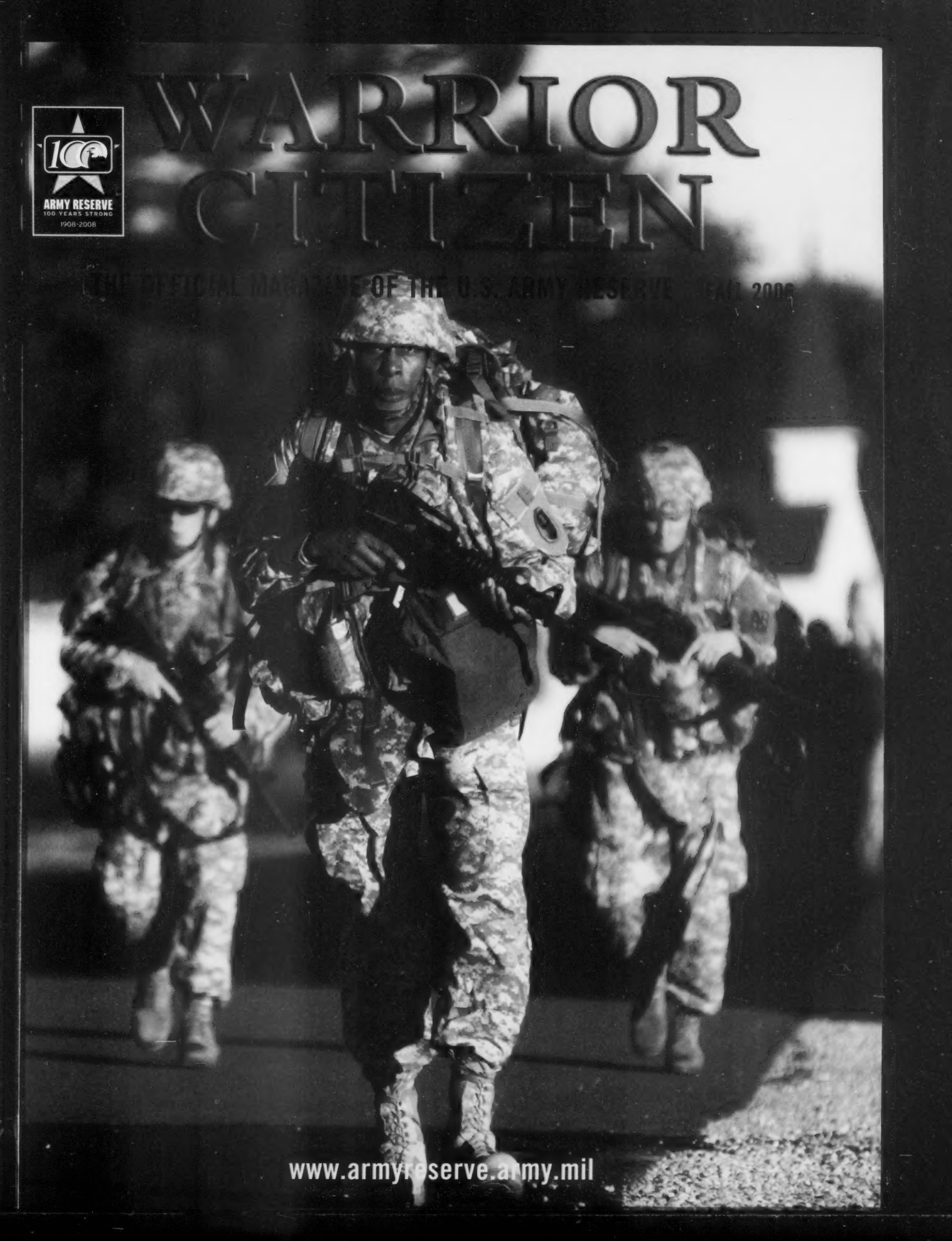
ARMY RESERVE
100 YEARS STRONG
1908-2008
WARRIOR CITIZEN
THE OFFICIAL MAGAZINE OF THE U.S. ARMY RESERVE
FALL 2008
www.armyreserve.army.mil

# THE ARMY RESERVE HAS A HOME FOR YOU

Timothy L. Hale

Command Sgt. Major Leon Caffie

***Command Sgt. Maj. Leon Caffie***
***Command Sergeant Major***
***U.S. Army Reserve***

As we finish this first 100 years of service to the nation, the Army Reserve has experienced tremendous growth. By 2011, we will be 206,000 Warrior-Citizens strong—an incredible increase from only a few years ago when our number of actively participating Soldiers was about 185,000.

Thanks to the Army Assistance Recruiting Program (AR-RAP), increased recruiting and strong retention numbers, this recent growth has allowed the Army Reserve to provide Soldiers to fully support the needs of the nation and our combatant commanders, as well as deliver some of the promises of predictability from a fully implemented Army Force Generation (ARFORGEN) model. Many of you have worked hard to make this growth possible, but there is a serious threat to our force that undermines our success.

Though we continue to steadily grow our force, over the past year the Army Reserve has lost thousands of Soldiers due to inaction by leaders at all levels, many with good intentions... and continued inaction could erase all our previous gains. Over the next year, transformation, legacy command inactivations, operations and functional command activations, MOS realignment and the impact of the 2005 Base Realignment and Closure Act are all converging in FY2009 in a "perfect storm."

Lt. Gen. Jack C. Stultz, chief, Army Reserve, and I have worked with many of you to communicate an integrated and comprehensive plan to realign our force, but that plan has not made it to Soldiers further down the chain of command. This has many of them worried and seeking cover. Exit interviews with these Soldiers have a familiar theme. "I was not sure what my future was in the Army Reserve, so I chose to leave and find a new home."

We have all sworn to leave no fallen comrade, but that is exactly what is happening. NCOs and other leaders are leaving their Soldiers alone to face these enemies—uncertainty and rumors.

I have directed all our command sergeants major and sergeants major to reach out to our Soldiers across the Army Reserve and communicate an important message to them and their leaders: the Army Reserve needs you and has a plan to ensure you have a home in our organization, despite the changes we are encountering. These changes will make us a stronger organization, better able to care for the needs of the nation, our Soldiers and their Families.

Because this information has not made it to the Soldiers who are most affected, the U.S. Army Reserve Command will redouble its efforts to ensure that NCO leadership at all levels are fully implementing this plan to take care of their Soldiers during the changes to our force. This will include personal visits to many units to speak directly to Soldiers who have not been adequately prepared.

Until that happens, I want each Soldier to know this:

- Though your unit may be moving or inactivating over the next few years, new commands and units are being activated or moving to your area. The Army Reserve continues to grow with more opportunities. You will have choices—to stay in your local area in a new unit with new skill training, travel to another unit in your current MOS in another area, or explore other options in the Army Reserve.
- Before your unit moves or inactivates, a list of options will be provided to you based on your qualifications and preferred future, and the Army Reserve Command will ensure that your selected option is carried out by your chain of command.
- The Army Reserve continues to expand civilian employment opportunities for Soldiers through the Employer Partnership Initiative. Qualified participation guarantees your Army Reserve career and guarantees an interview with a civilian employer who understands and supports your military service.
- The Army Reserve continues to provide options to Soldiers seeking full-time employment, including a career as an Active-Guard-Reserve Soldier, civilian jobs supporting the Army Reserve, and deployment tours worldwide.

If you don't know all your options for a future in the Army Reserve, use your chain of command and stay Army Reserve Strong.

*(Editor's note: The next issue of Warrior-Citizen will include more details about our changing Army Reserve and the many ways and places our Soldiers can serve.)*

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Chief, Army Reserve

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Command Chief Warrant Officer of the Army Reserve

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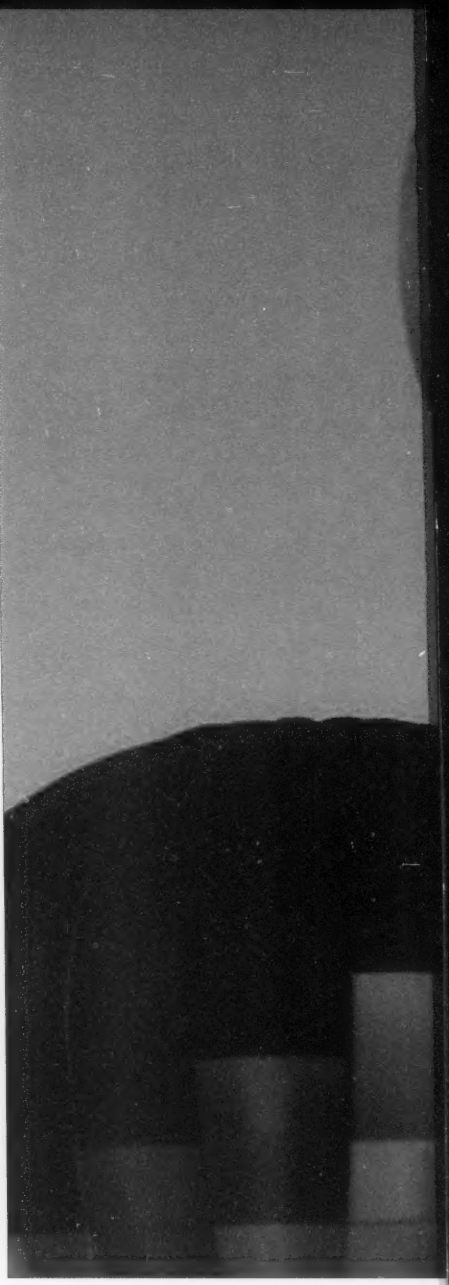


ON THE COVER

Sgt. 1st Class Joe D. Matthews, representing the 95th Division, participates in the 10K road march during the U.S. Army Reserve Command NCO and Soldier of the Year "Best Warrior" Competition at Fort McCoy, Wis. (Photo: Timothy L. Hale/U.S. Army Reserve Public Affairs)

ON THE BACK COVER

Lead the Way! The Army Reserve Recruiting Assistant Program (AR-RAP) makes every Soldier a potential recruiter.

UPPER RIGHT

The 90th RRC sponsored balloon flys over Albuquerque, N.M. proudly displaying their banner during 2007 Albuquerque International Balloon Fiesta. Approximately 700 balloons entered the event. (Photo: J.D. Marckmann)

***Warrior-Citizen*** is an authorized Department of the Army publication, published quarterly by the Chief, U.S. Army Reserve, ATTN: DAAR-ZXP, 2400 Army Pentagon, Washington, DC 20310-2400 in accordance with Section 10210, Title 10, USC. The Secretary of Defense has determined that the publication of this periodical is necessary in the transaction of public business as required by law. Use of funds for printing this publication was approved by the Secretary of the Army on September 2, 1986, IAW provisions of AR 25–30. Opinions expressed herein do not necessarily reflect those of the Department of the Army or the Chief, Army Reserve, nor should they be construed as official policy or directive in nature. Local reproduction of all materials is approved, except for copyrighted articles or photos.

## EDITOR'S NOTE

Army Reserve Communications is pleased to announce that by the time you read this issue of Warrior-Citizen Magazine, a new AR corporate Web site will be launched. The new site will focus on expanded use of photography and video. More details are included in News You Can Use department of this issue.

This issue focuses on the U.S. Army Reserve Command's NCO and Soldier of the Year "Best Warrior" competition at Fort McCoy, Wis., with a three-page story and photo spread. Candid comments from our winners who will represent the Army Reserve in the very intense and challenging Army-wide competition are included as well as photos of all the competitors.

Partnership signings between the Army Reserve and civilian organizations continue to flourish. In the Army Reserve Communities section are stories that highlight signings that have occurred between the Army Reserve and Conway Freight and the Army Reserve and the Metropolitan Police of the District of Columbia (MPDC), respectively, so that all organizations can recruit, hire and train people for both organizations and the Army Reserve. In a formal commitment of support by communities to Soldiers and their Families, an Army Community Covenant signing took place in Charlotte, N.C. with the Charlotte mayor, the Secretary of the Army, the honorable Pete Geren, and leaders of the Army Reserve and the National Guard. The Covenant also commits to honoring those who serve and those who have died to defend freedom and the Constitution of the United States.

For a look at three training exercises Army Reserve Soldiers participated in check out Global Medic, Pacific Warrior and Patriot Warrior. Medics and support personnel were trained and certified in a number of medical courses at Camp Parks, Calif., while food service specialists came together to feed a force of nearly 3,000 Soldiers at Fort Hunter Liggett, Calif. Nearly 4,000 Warrior-Citizens at Fort McCoy faced new challenges in their realistic training for what they may encounter when deployed.

In the summer issue we presented the third place winners of the Army Reserve photo contest, "A Day in the Life of the Army Reserve." In this issue are the second place winners. Be sure to pick up the winter '08 issue of Warrior-Citizen Magazine for the first place winners.

**Paul Adams**
**Editor-in-Chief**

# FROM THE TOP

# TRANSFORMATION AND ARMY CIVILIANS

As Chief Executive Officer for the Army Reserve and a member of the Senior Executive Service, Ken N. Williamson has executive oversight for all civilian personnel matters for the Army Reserve. Whatever the hot issue of the day, Williamson is in the middle of it, whether it is execution of BRAC 2005, Army Reserve Restructuring or the Global War on Terrorism (GWOT). As the top civilian, Williamson provides a continuing presence in a dynamic environment where the military leadership is subject to frequent and fluid mission changes. Warrior-Citizen Magazine recently conducted an interview with Williamson on the topic of transformation and Army Civilians. A portion of that interview follows.

**Q: What do you mean by transformation?**

**Williamson:** Let me give you my perspective: Transformation is an ongoing, changing process that never ends. Sometimes, you start talking about a point in time, but I'm not sure you can actually identify the exact time transformation starts. But, for the sake of the conversation we are having today, let me go back to May 13, 2005 when BRAC '05 was announced. From a legal standpoint, BRAC '05 directed the closing of 176 Army Reserve Centers and either modifying or building 125 new state-of-the-art Armed Forces Reserve Centers. That's one example of Transformation.

**Q: Did BRAC '05 enable this?**

**Williamson:** Yes, BRAC '05 is an enabler for transforming the Army Reserve. We also had the Army Reserve restructuring initiatives simultaneously ongoing transitioning us to an operational Army Reserve. We had modularity coming on the scene that established the capability for some formations to be employed as a plug and play concept under certain scenarios.

**Q: How do you coordinate and keep track of all that?**

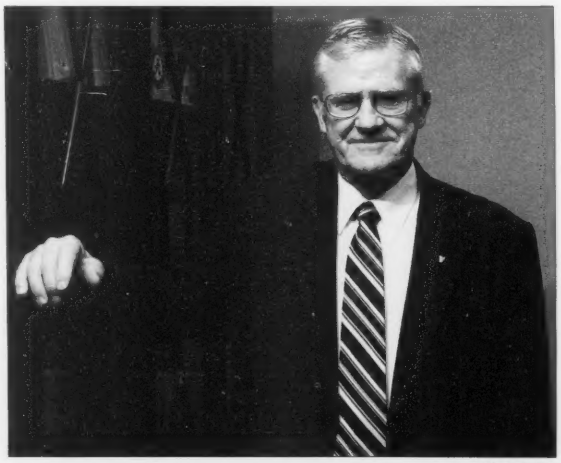
**Williamson:** I established the Transformation Integration Office that you are probably familiar with, during the summer of 2005. I stood that office up as the clearing house to vet all changes and initiatives to ensure they were integrated with the provisions of BRAC '05. We had to look at Army Reserve center locations, the types of units stationed at the centers, personnel impacts, and mission synchronization. And, by the way, we had to do this while supporting the Global War on Terrorism.

**Q: How will BRAC '05 affect civilian personnel?**

**Williamson:** BRAC '05 alone disestablishes the 10 regional readiness commands (RRCs) and establishes four regional support commands (RSCs). Simultaneously, operational and functional commands were to receive command and control (C2) functions from the RRCs. So in essence, BRAC '05 was an enabler to help transform the Army Reserve. Obviously, the functional and operational commands did not have the full time support personnel to take on the C2. We had to transfer the C2 to those different headquarters and realign the full-time work force. We are applying the civilian employee guidelines to relocate them. Base operations went to the RSCs, which included the facilities and maintenance capabilities of the Army Reserve. Almost all civilians, in one way or the other, have been touched. Some employees may change their C2 reporting chain while others may go to the RSC, operational command, or functional command headquarters.

**Q: When will we start the transfer of functions?**

**Williamson:** We are just now beginning to do so. We have already transferred the



Timothy L. Hale

Ken Williamson, chief executive officer, Senior Executive Service, has executive oversight for all civilian personnel matters in the Army Reserve.

Timothy L. Hale

Ken Williamson provides continuity for the USARC command group when they are not present to address a particular issue.

functions of the 81st RRC in Birmingham, Ala. to the RSC at Fort Jackson, S.C. Transfer of functions to the 99th RSC (Fort Dix, N.J.), 88th RSC (Fort McCoy, Wis.) and 63rd RSC (Moffett Field, Calif.) will follow in that order. We will be close to completion by the end of FY '09.

**Q: How does transformation affect the civilians that attend Battle Assemblies?**

**Williamson:** We're talking below this Headquarters. The Military Technicians generally realign with their units. In the troop program unit, it will impact them in terms of location. Some of them will transfer to the RSCs, operational commands or to the functional commands. Basically, their full-time support role will not change that much.

**Q: In terms of policies, are there major policies that will affect the civilians under transformation?**

**Williamson:** We have policies in place to guide us when employees relocate or accept different positions. We will provide information that will enable them to make an informed decision if their positions are affected by BRAC '05 or restructuring initiatives. We intend to offer a transfer of function or transfer of work at the new locations for employees who qualify and are willing to relocate. Employees who do not meet the criteria for those two options will be encouraged to apply for other vacant positions. As we execute BRAC '05 and our restructuring initiatives, positions will become available across the United States. Employees can apply for any advertised position vacancy at anytime if they believe they are qualified to perform the duties.

**Q: And lastly, what would you like to say to our Department of the Army Civilian readers?**

**Williamson:** The one single message I would like to get out: despite all the changes we are going through, and I've been around long enough to see a lot of changes, is I have never come out on the backside of a change where I didn't see benefits, and see those around me benefit. I would say there is a job for every civilian who wants to stay in the Army Reserve. It may mean they have to take a different job or even to relocate. I will tell you from my experience, if I was in the middle stage of my career today and knew what I know today, I would be excited about the changes and the future of the Army Reserve. There are going to be all kinds of opportunities. As USARC and other headquarters go through BRAC '05 and relocate, there will be a lot of vacancies. Civilians at all levels who want to get ahead need to keep up with **usajobs.gov** which lists all the vacancy announcements. Our civilians are a critical and integral part of our team and we don't want to lose a single one of them. These new C2 headquarters will need higher level civilian skills, and will offer more civilians the opportunity to broaden their experiences. Our civilians (and our Soldiers who become Army Civilians, too), will have opportunities to move on and move up. Now is one of the best times ever to be a member of the Army Reserve and to be an Army Reserve civilian.

# ARMY RESERVE 100TH ANNIVERSARY EVENTS

## 700 BALLOONS, 900,000 SPECTATORS

# FIESTA BALLOON FLYS 90TH RRC BANNER

*By 1st Sgt Larry Mears*
*Public Affairs Office*
*90th Regional Readiness Command*

ALBUQUERQUE, N.M. —Army Reserve Chief, Lt. Gen. Jack C. Stultz, wants the world to know about the U.S. Army Reserve 100th anniversary. The 100th Anniversary task force created by the U.S. Army Reserve Command instructed all the major subordinate command public affairs offices to find events in their area to display the 100 Years Strong banners and distribute flyers, calendars and posters.

1st Sgt. Larry Mears

The banner was designed with the 90th RRC's five states as a backdrop and included the U.S. Army Reserve and Tough "Ombre" insignias.

J.D. MARCKMANN

90th RRC Command Sgt. Maj. Guy Taylor, right, steadies the basket as Sgt. John Schreffler, center, and Cpl. Thomas Whitley prepare for take off with pilot Don Boyer.

The 90th Regional Readiness Command (RRC) found a very innovative way to accomplish that task. They decided to sponsor a balloon at the 2007 Albuquerque International Balloon Fiesta. They constructed a 19-foot wide banner that was flown each day during the nine-day event. The banner is now displayed on the side of the Reserve center at the 90th RRC headquarters.

The banner was designed with the five states in the 90th's command as a backdrop, and included the U.S. Army Reserve and Tough 'Ombre insignias as well.

The Albuquerque International Balloon Fiesta is the largest balloon event in the world. With nearly 900,000 spectators, 847 journalists and more than 700 balloons, the world now knows about the Army Reserve's 100th Anniversary. The 90th RRC sponsored balloon received a lot of publicity.

# NFL PLAYERS CELEBRATE AR 100TH ANNIVERSARY WITH THE MIRC

*By Maj. Monica Griffin*
*Public Affairs Office*
*Military Intelligence*
*Readiness Command*

Maj. Monica Griffin

Pro Bowler Joey Browner, Hall of Fame Inductee Kellen Winslow Sr., and Pro Bowler Nominee Eric Scott Turner pause for photos and autographs with Spec. John Adams and Private First Class Roberto Jimenez.

FORT BELVOIR, VA. — There were lots of flying footballs and a few catches as former NFL stars celebrated the 100th anniversary of the Army Reserve with the Military Intelligence Readiness Command (MIRC) located at Fort Belvoir, Va. Football Hall of Fame Inductee Kellen Winslow Sr. (San Diego Chargers), six-time Pro Bowler Joey Browner (Minnesota Vikings) and three-time Pro Bowler nominee Eric Scott Turner (Denver Broncos) celebrated the 100th Anniversary in an exclusive ceremony which included one saber, a Steelers' jersey, cake, coffee, footballs and a few catches.

After the ceremonial cutting of the cake by Brig. Gen. Leslie A. Purser, MIRC commander, and her new defensive line, the NFL stars socialized with MIRC Soldiers, shaking hands, sharing hugs and signing footballs. MIRC Soldiers embraced the opportunity to enjoy a few memorable moments with each player. The Mosby Reserve Center became the center of attention as the NFL Stars and MIRC Soldiers gathered outside the facility for a game of pass.

"What a treat for Army Reserve heroes to be recognized by NFL heroes—truly an event for the memory books," said Purser.

After the last catch, the NFL stars were presented with tokens of appreciation; however, the players were quick to remind their hosts that it was they who appreciated them.

"It was a great honor to visit Soldiers. As NFL players, we play games on Sunday afternoon for a duration of three hours and then we go home, the games are soon forgotten. Our Soldiers fight to secure our nation and our future. What they do lasts for generations, they are the true heroes," said Turner, former Washington Redskin and San Diego Charger.

> "What they do lasts for generations, they are the true heroes."
> —Scott Turner

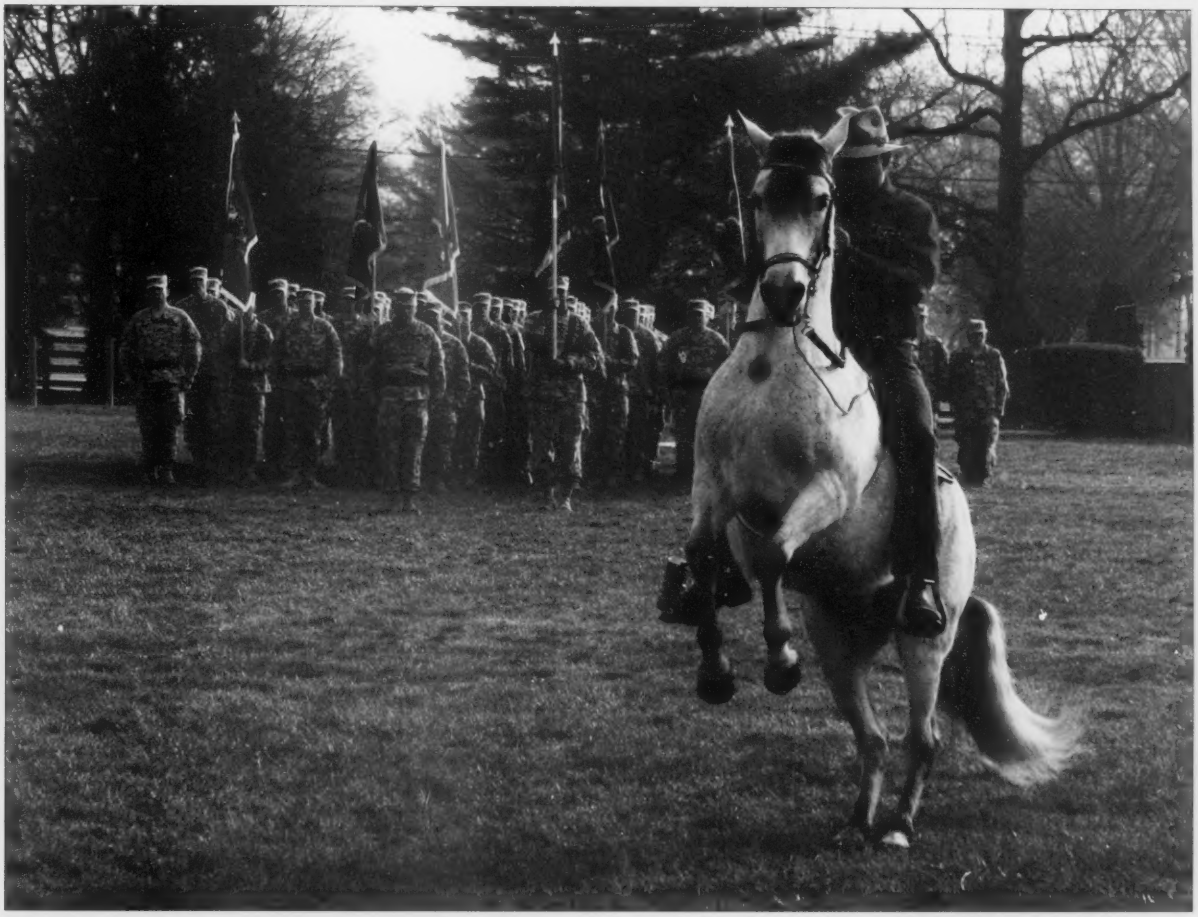
At the end of the day, no one could count the number of completed passes or the number of interceptions. What could be counted was the number of Soldiers that were saluted, hugged and in some cases gently tackled by three former NFL stars who took a few hours out of their busy schedules to visit Soldiers in the Army Reserve community.

The NFL visit was sponsored by the "I am Not A Hero Foundation, Inc."

ARMY RESERVE PHOTO CONTEST

# A DAY IN THE LIFE OF THE ARMY RESERVE

**Army Reserve Soldiers, Family members and Civilians sent in photographs commemorating the 100th Anniversary of the Army Reserve. The photos depicted everything from training to Family support. The photos in this issue are the second place winners. In the next issue, the first place winners will be displayed. Be sure to pick up your copy to see who won.**



Opposite page, clockwise from top left: One Team/One Fight 2nd Place winner by Sgt. 1st Class John Baum/315th Tactical PYSOP Company; Leadership 2nd Place winner by Sgt. 1st Class Fabian A. King/US Army Reserve/Bagram, Afghanistan; Family 2nd Place winner by Cpt. Raymond D. Negron/4th Legal Support Org./77th Regional Readiness Command; Training 2nd Place winner by Maj. Richard Lau/367th Engineer Battalion; Other Overseas 2nd Place winner by Staff Sgt. Eric Dauphi/338th Harbormaster Operations Detachment (HMOD)

This page, clockwise from top left: Serving at Home 2nd Place winner by Victor A. Melendez/100the Division (Institutional Training); Other Overseas 2nd Place winner by Maj. Timothy A. Horton/215th Mobile Public Affairs Detachment; Civilian Skills 2nd Place winner by CW3 Windell R. Bonner/U.S. Army Reserve/FORSCOM

# DEPARTMENTS

## NEWS YOU CAN USE: BLOGS

USEFUL BLOGS

http://deploymentlessons.org

http://arsicsouth7.wordpress.com/rpac

http://armychaplaincy.com

http://armyreservemarksman.com

# "GIFTS TO ARMY" WEB SITE LAUNCHES JULY 21

*Army News Service*

http://giftstoarmy.army.mil/

The U.S. Army launched a new Web site July 21, 2008 called "Gifts to Army" which is an online resource developed to streamline and process gifts that American citizens and organizations contribute to benefit Soldiers and their Families.

Soldiers, their Family members, and Army civilians often get questions from people about how they can support the Army. People often want to know how they can help men and women in uniform with gifts, money, goods, or services to show their support for the troops. This Web site provides an online resource to answer the question: "How can we help?"

"Many individuals have asked how they can help the Army," said Joyce Morrow, administrative assistant to the Secretary of the Army. "We appreciate how generous the public is and the concern they have for the welfare of our Soldiers and Families. We've developed this Web site to provide information on how to contribute money, goods or services to benefit Soldiers and their Families."

The launch of this Web site centralizes the many venues and paths for the public whose offers of support fall within the Army's overall Gift Program, which is managed by the Office of the Administrative Assistant to the Secretary of the Army. Contribution options addressed in the Web site include support for the Army, Soldiers and Families, Wounded Warriors, Army installations, and more.

# ARMY RESERVE TO LAUNCH NEW CORPORATE WEB SITE

The Army Reserve's Web site is about to change. A new site will launch in late October or early November 2008 and will focus on Army Reserve Soldier stories with expanded use of photography and video.

"The existing site served a purpose—to get the Army Reserve corporate message out and establish the Army Reserve on the internet," said Col. Rudy Burwell, director of Army Reserve Communications. "The new site will make efficient use of the latest web technologies and focus on telling the Army Reserve story through the exceptional service of our Soldiers, civilian employees, and Families."

The new site will be hosted within Microsoft SharePoint and will allow units to take advantage of more tools which permits greater unit content including video, audio and other non-static web content.

# CHAPLAINS COMPLETE POST-TRAUMATIC STRESS DISORDER TRAINING

*By 1st Lt. Michael Meyer*
*ARMEDCOM Public Affairs*

CLEARWATER, FLA.—Chaplains from the Army Reserve Medical Command are learning to identify symptoms of Post-Traumatic Stress Disorder (PTSD) and Provider Fatigue as a way to better serve their comrades in arms.

According to studies concluded in January 2008 by the Rand Corporation, approximately 19 percent of Soldiers returning from Operations Iraqi and Enduring Freedom are suffering from depression, anxiety or stress related illnesses.

## UNDERSTANDING PTSD

In April 2008 the Reverend Chrys Parker taught a specialized course to the Army Reserve Chaplains to help understand and recognize PTSD symptoms among today's Soldiers.

Parker is the executive and clinical director of the Burn Recovery and Research Foundation in San Antonio, Texas and specializes in the psychosocial treatment of trauma.

At the request of the Army Medical Department (AMEDD) at Fort Sam Houston, Texas she is providing courses of instruction to Army health-care providers, psychologists, and chaplains at various military installations around the United States.

"The purpose of this training, is to provide military chaplains the information that will help them assess military members and professional colleagues," said Parker. "They are looking for signs of combat related stress, compassionate provider fatigue and post traumatic stress disorder. In addition it's going to give them a lot of tools to intervene to try to help people."

Many of the chaplains in attendance had extensive experience caring for Soldiers suffering from PTSD. Chaplain (Col.) Brenson Bishop from the 332nd Medical Brigade in Nashville, Tenn. attended the course. He is also a chaplain at the Veterans Administration's Psychiatry Department.

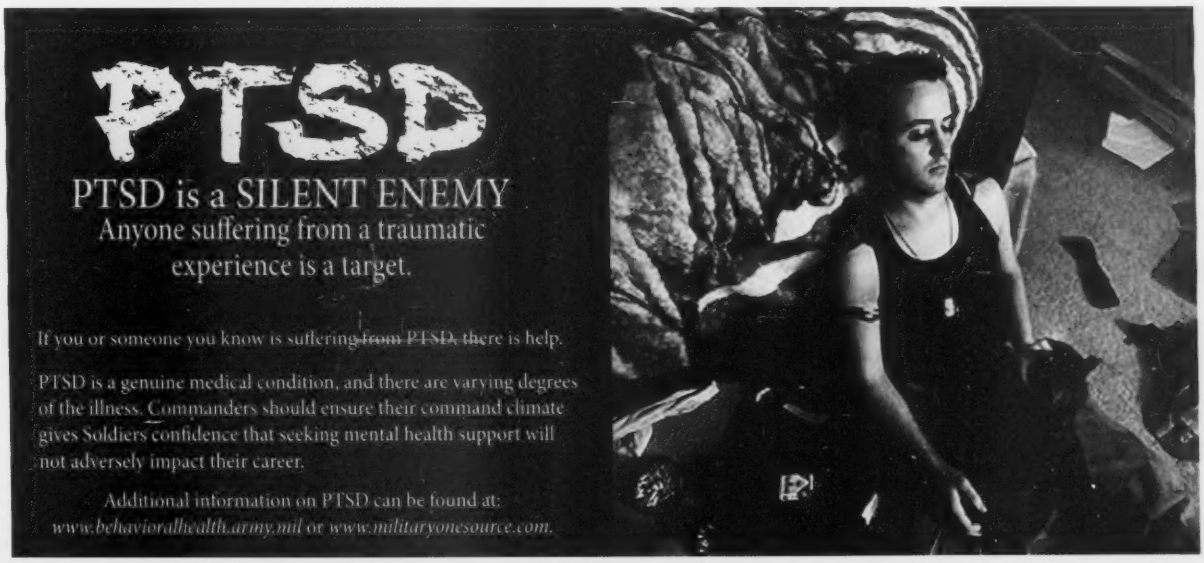
"Dr. Parker's presentation tied together a lot of different approaches to practical care of the traumatized patient and veteran," said Bishop. "What we have here is also a broad spirituality that can fit into too many different faith groups, as well as a good understanding of psycho-social development that helps tie the two together."

Chaplain (Lt. Col.) Paul Linzey, from the U.S. Army Reserve Command, concurs.

## CARING FOR SOLDIERS

"A lot of my experience in the past had to do with very practical pragmatic side of it. This provided the scientific and technical background, which is very helpful in filling in the gaps. What was new to me was the technical information, that provided the rationale, the documentation," Linzey said.

"The more that we get in touch with what our Soldiers and Families are going through, the more we are able to help them," said Linzey. "It doesn't matter if we are medical professionals, chaplains or simply acting as caring fellow Soldiers," these techniques can help us care for our Soldiers.


PTSD
PTSD is a SILENT ENEMY
Anyone suffering from a traumatic experience is a target.
If you or someone you know is suffering from PTSD, there is help.
PTSD is a genuine medical condition, and there are varying degrees of the illness. Commanders should ensure their command climate gives Soldiers confidence that seeking mental health support will not adversely impact their career.
Additional information on PTSD can be found at:
www.behavioralhealth.army.mil or www.militaryonesource.com.

# LEARNING HOW TO SAVE A LIFE

*By Sgt. Jeremy J. Fowler*
*362nd Mobile Public Affairs Detachment*

CAMP PARKS, CALIF. —In preparation for the Global Medic exercise, Soldiers from the 2nd Medical Brigade (2nd MB) and Western Area Regional Support Group (WE-MARSG) received training in a variety of medical classes from June 9–11, 2008 as part of their extended combat training.

In the early, sweltering, days of their extended combat training, medics, and support personnel from various units under the 2nd MB, were trained and certified in a number of courses that were offered here.

Soldiers were selected to receive training based on their Military Occupational Specialty (MOS) needs. As medical personnel, these Soldiers must maintain their proficiency. Lives depend on it. These Soldiers, many of them combat medics and combat support hospital personnel, constantly train to hone their skills, and must be recertified in relevant medical skills every two years. Soldiers were certified in courses such as Combat Life Saver (CLS) course, Basic Life Support course (BLS), Pre-hospital Advanced Life Support (PALS), Combat Medic Advanced Skills Training (CMAST), The Emergency Medical Response to Weapons of Mass Destruction course (EMRWMD), Advanced Cardiac Life Support course (ACLS) and Cardio Pulmonary Resuscitation (CPR) certification, among others.

## NEW TRAINING

Courses such as the EMRWMD introduced new training to many of the Soldiers. The three-day course introduced 46 Soldiers to a substantial amount of knowledge that first responders and medical-care providers need to know to recognize the signs and symptoms of, and treat casualties associated with, nuclear, biological and chemical weapons.

"It's absolutely critical," said Sgt. 1st Class Frank Clark, NCO in charge for the course. "This will prepare people to know what they are dealing with when they come across it and what to do when it happens."

As part of the course, Soldiers had to perform basic medical treatment in a field environment while assuming Mission Oriented Protection Posture level 4 (MOPP4). The hot California sun added to the stress and became a training obstacle for the Soldiers who wore a gas mask and dawned the notoriously warm chemical protection suits while performing such tasks as opening an airway and starting an intravenous line on a patient.

## LEARNING A LOT

"I learned a lot," said Spc. Tanya Johns from the 185th Dental Company. "You don't realize the difference when you have your mask on; if it fogs up, if you don't have a good seal, wearing the gloves and taking into consideration the heat and the sun, how hot it is… so I think it is good training in case you are ever in theater."

Other courses, such as the CMAST training, were administered to combat medics to complete their MOS qualification. The medics learned and performed practical exercises in a variety of life-saving skills that will allow them to be more effective at saving Soldier's lives. Among other things, Soldiers in the course learned to use the new Fast 1™ sternum intravenous device, which decreases the amount of time to initiate an IV on a patient. The students will conduct lanes training to finish out the course.

Maj. Cynthia Kline, assigned to 344th Combat Support Hospital from Fort Dix, N.J., administered the Advanced Cardiac Life Support course. The joint training included 13 Soldiers from the 2nd MB as well as two Airmen from the 349th Airlift Wing, an Air Force Reserve unit based at Travis Air Force Base, Calif.

"It was excellent teamwork between the students and that's key," Kline said. "As it turned out, the hardest part for most people was the test; actually recognizing cardiac rhythms… but overall they did really well."

These training courses are critical for Soldiers and Airmen to help save lives on the battlefield, as well as to be fully trained healthcare providers and first responders at home. The new and reviewed skills will be again tested when these Soldiers participate in the Global Medic exercise.

Sgt. Jeremy J. Fowler

Cpt. Joeann Sheppard, 7305th Medical Training Support Battalion, checks IV needle in preparation to initiating a saline lock while at MOPP4 during Global Medic 2008.

# FEEDING THE FORCE

*By Timothy L. Hale*
*Army Reserve Public Affairs*

FORT HUNTER LIGGET, CALIF. —It has long been said that an Army moves on its stomach and nearly 100 Army Reserve food service specialists proved the axiom to be true during Pacific Warrior 2008.

The three-week field training exercise at Fort Hunter Ligget, Calif. was a proving ground for food service specialists, pulled together from 15 different units, to feed a force of nearly 3,000 Soldiers.

"This was our first time managing this exercise," said Maj. Derek Bonaldo, G-4, 91st Operations Group, Fort Hunter Ligget. "At first we were happy just to not have mission failure. We learned plenty about the difficulty of trying to manage a group not in your chain of command, as well as subsistence storage, accountability, and communications with austere forward operating bases (FOBs) from the main Class I (subsistence) break point."

> "Our food service Warriors have a very challenging task, a task that many Soldiers and leaders don't understand." —Rickey Frazier

Bonaldo said the food service Soldiers and NCOs served anywhere from 800 meals at the smallest FOB to over 1,100 at the largest FOB at any one time.

Meals were prepared at the FOBs in the smaller mobile kitchen trailers and the larger containerized kitchens. Refrigeration vans were also located at all FOBs for cold and dry food storage as well as ice.

He added that meals were prepared from the Unitized Group Rations-A with fresh vegetables and fruit. The hot breakfast and dinner meals were supplemented with Meals-Ready-To-Eat for lunch.

"Our food service Warriors have a very challenging task, a task that many Soldiers and leaders don't understand," said Rickey Frazier, Reserve Component food service advisor, Army Center for Excellence, Subsistence, Fort Lee, Va.

"Often our food service Warriors are the first out of the bunk in the morning and the last to lie down at night. However, after talking with several of them, they feel the difficulties of their job don't outweigh the satisfaction of having the most rewarding task on the battlefield.

Bonaldo added that the food service professionals took many lessons learned from the exercise.

These included keeping proper headcounts during designated mealtimes, having updated field sanitation certificates, other required training for the NCOs and junior enlisted Soldiers, as well as command and control of the food service specialists working in the FOBs.

Both Bonaldo and Frazier were quick to point out there were many outstanding food service professionals participating in the exercise.

Of significant note was Sgt. 1st Class Alexander Cromartie of the 223rd Transportation Company.

"He went the extra mile," Frazier said. "They posted serving and nutrition awareness posters; posted a banner wishing fathers a "Happy Fathers Day", and if that wasn't enough, the USO was on the scene to lend a hand," Frazier said. "The USO was not allowed to open its mobile concessionaire until after duty hours as not to interfere with the exercise."

In addition, Army Air Force Exchange Service had a mobile site set up where Soldiers could purchase personal items they didn't bring with them for the exercise, Frazier added.

"Plenty can be done better for next year. This U.S. Army Reserve Command War Exercise will continue every year at Fort Hunter Ligget and the food service operation will continue to get better," Bonaldo concluded.

Courtesy Army Center for Excellence, Subsistence

A Mobile Kitchen Trailer operates at a forward operating base during Pacific Warrior 2008. Army Reserve food service professionals served nearly 3,000 Soldiers during the three-week exercise.

# FORT MCCOY HOSTS PATRIOT WARRIOR 2008

*By Sgt. Timothy Book*
*326th Mobile Public Affairs Det.*

—More than 4,000 service members from around the continental U.S., as well as Hawaii, Puerto Rico and Guam gathered here for Patriot Warrior 2008, a new type of training exercise that simulated combat conditions.

Also participating were more than 100 British troops from the United Kingdom's Territorial Army, Yorkshire, England.

## MEETING CHALLENGES

"Many of the officers and Soldiers at Patriot Warrior are combat experienced which provides a challenge in planning and executing realistic training. I believe we will have met this challenge and look forward to a successful and, as always, safe exercise," said Brig. Gen. Walter B. Chahanovich, commanding general, 78th Training Brigade and exercise director.

This was a new approach to preparing reserve Soldiers for what they may encounter when deployed, according to Col. John McDougall, deputy exercise coordinator for training.

Taking part in Patriot Warrior were engineer, military police, medical service, logistic and public affairs Soldiers. The units trained on a variety of tasks specific to their mission. Some of the tasks included constructing roads and buildings, supplying troops with food and water, providing medical support for service members and training security operations.

"This exercise is the first step in preparing a unit for its war-time mission," said Brig. Gen. Charles Estes, commanding general, 310th Expeditionary Sustainment Command.

## COLLECTIVE TASKS

"Patriot Warrior is a war exercise involving CS (combat support) and CSS (combat service and support) units in live, collective tasks to exit the R/T (Ready Train) phase of the Army force Generation," said Maj. Michael Feeney, 311th Military History Detachment.

"Essentially, it gives Soldiers a chance to practice unit-mission tasks, such as mobilization, and at the same time, experience in deploying force protection tasks.

A major component of the exercise is an, "OPFOR," or opposing force. Some units will represent a notional, or fictitious, enemy. Feeney said, "This will enable Army Reserve combat support and combat service support components an opportunity to practice theater operations while carrying out their unit missions in a realistic environment, while providing force protection against a nonconventional enemy threat."

Sgt. Seth Myers

Sgt. Nicholas Joellenbeck, 739th Engineer Company, multi role bridge assistant NCO in charge, drives the raft doing reconnaissance in the area before a bridge is laid down during Patriot Warrior 2008.

# ARMY TESTS DENTAL CAPABILITIES, INCREASING READINESS

*By Helen M. Elrod*
*Public Affairs Office*
*Combat Support Training Center*
*West and Fort Hunter Liggett, Calif.*

FORT HUNTER LIGGETT, CALIF. —A dental element of the Rapid Response Reserve Unit (R3U) at Fort Hunter Liggett, tested their ability to provide pre-mobilization dental care to Soldiers in a field training environment in August 2008.

The 7222nd Medical Support Unit (MSU) from Tampa, Fla., was called to deliver dentistry services in the field to the 100th Battalion, 442nd Infantry Regiment, from Hawaii, American Samoa, Guam and Saipan, to train themselves and to find the capacity of the program based on an expanding mission scenario. Originally, the program was to address only the dental screening of Soldiers. After evaluating the resources in place, Col. Les Carroll, U.S. Army Reserve Command deputy chief of staff for operations and Lt. Col. Murray Kramer, commander of the 7222nd MSU, incorporated dental treatments to maximize the impact of the program without increasing costs.

Staff Sgt. Dave Conklin

Sgt. Ray Yumul receives a filling during pre-mobilization dental care for Soldiers at Fort Hunter Liggett.

"We wanted to see how we could use our assets and dental force," said Carroll. "We are building a new paradigm…We took this target of opportunity with the 100th Battalion training at Fort Hunter Liggett to test the concept and look at all the possibilities."

One limiting factor in the eventual deployment of a Soldier is dental preparedness. The pilot program now includes dental screening and treatment to Soldiers on location, even in a field environment. The mobile asset is not limited to using existing structures or equipment because the entire medical facility is housed in self contained mobile semi-trailer units.

The team also created criteria for data collection that will later be used to help evaluate mission success and cost effectiveness assessing all components from manpower hours and resources to deployability of the force.

"We are making a difference right now. We are able to identify the dental problem and fix it," said Kramer emphasizing the program's merits. "We are taking Soldiers that could potentially not be mobilized and ensuring they are mobilization ready."

Operating out of two trailers each outfitted with an X-ray machine, three dental chairs and a full complement of dental equipment, the 7222nd MSU screened 185 patients and provided over $126,000 in dental treatments not including the value of preventative dentistry delivered. Of those original patients, 170 were moved from categories three and four (non-deployable) to categories one and two (deployable). Kramer stated that upon evaluating the capacity of the staff and process, an additional 300 Soldiers could have been seen with a few modifications. A total of 877 procedures were completed in the 10 days the dental team was in operation.

"Soldiers are losing time on the platform due to dental issues, so the idea is to target units who are preparing to be mobilized soon," said Kramer. "Coming to exercise locations and to the units help ensure an efficient process because the Soldiers are on hand and readily available on Army time," said Kramer.

Another important aspect to Kramer was that they were "providing a real world mission with hands on training here."

"This [tour] has been good for us to learn a lot and it is great practice," said Spc. Julian Henderson, a 7222nd MSU dental technician. "Most of us do not do this in the civilian world."

This concept blended two needs—dental services and Soldier training—both units completed lanes and other Soldier skills training while the dental services were provided during non-training hours. "We aren't pulling the Soldiers out of training, yet they're getting comprehensive treatment," said Maj. (Dr.) Kevin Johnson from the 7238th MSU and is one of only two endodontists in the U.S. Army Reserve.

Illustrating the quality of care and how treatments didn't negatively impact training, Sgt Ray Yumul, Company E, 100th Battalion, 442nd Infantry, stated only five minutes after receiving a filling how he couldn't believe that "in a training environment I just got treated, and now I'm ready to go back into the field. My wife didn't believe it either when I told her that I was getting my filling here. She thought it was wonderful that the Army was giving us this service and really taking care of us."

"The intent was to take three separate mission needs and create a mutually beneficial environment where all gained from the resources and capabilities offered by the other," explained Carroll. "The U.S. Army Reserve needed the plausibility and capabilities of the Dental Readiness Pilot Program tested, the dental element of the Rapid Response Reserve Unit needed training, and the 100th Battalion, 442nd Infantry Regiment needed pre-mobilization dental care provided. Each mission received what it needed to succeed."

# NOLAND NAMED RESERVE DRILL SGT. OF THE YEAR

*By Timothy L. Hale*
*Army Reserve Public Affairs*

After a week of intensive competition, Sgt. 1st Class Michael Noland was named the Army Reserve Drill Sergeant of the Year in a ceremony held at Fort Monroe, Va. in June 2008.

Noland, representing the 95th Division, was one of two Reserve drill sergeants along with five active component drill sergeants competing in the 39th annual event.

"It was very challenging. We did not know what any of the tasks were going to be until we got to a particular phase of the competition," said the Sistersville, W.Va. native. "The evaluators would say, 'Here are the tasks, conditions and standards, go to it'."

Noland has served in the Army for 16 years as a military policeman. At the time of the competition, he had been mobilized with the 796th Military Police Battalion at Fort Leonard Wood, Mo., where he serves as a drill sergeant for both initial entry training and advanced individualized training.

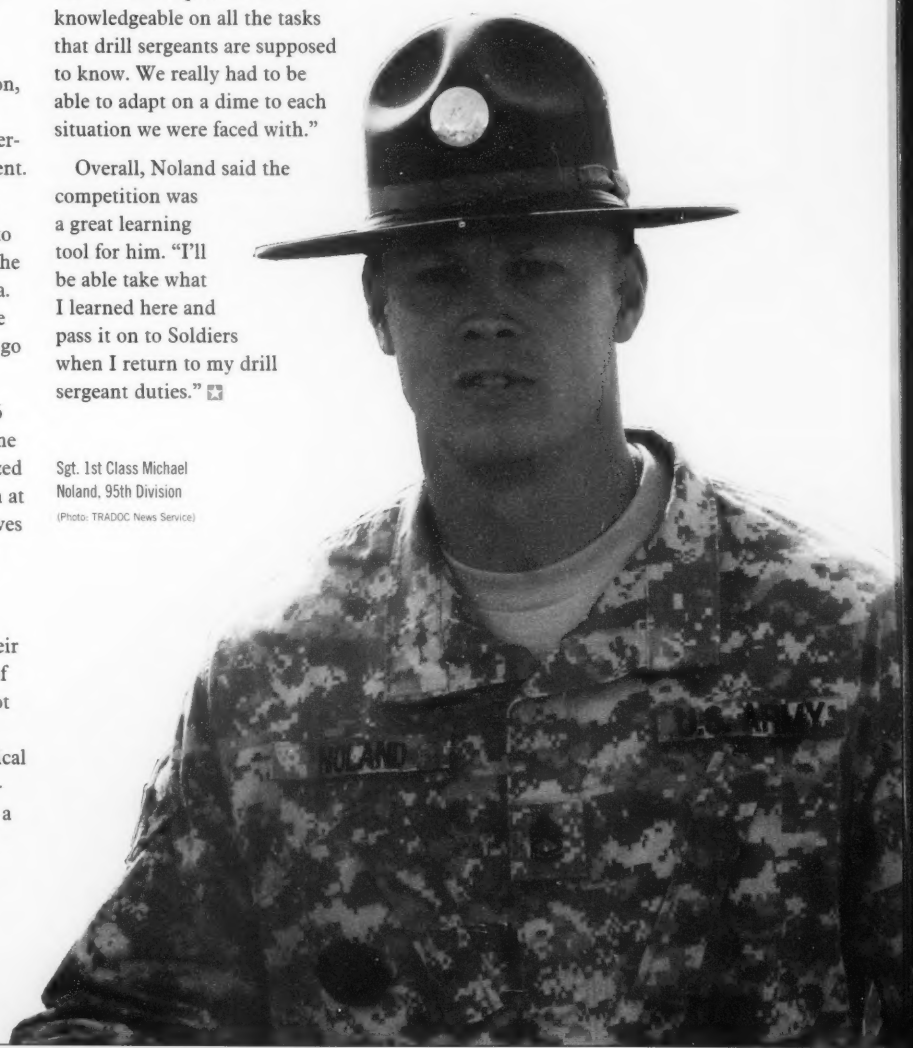
The week long competition tested their mental and physical skills in a variety of areas that drill sergeants may or may not encounter. These ranged from normal Soldiering skills such as an Army Physical Fitness Test, urban orienteering, reflexive fire, completing a written exam and a board appearance.

Evaluators also threw in other little twists to the competition the drill sergeants had to react to.

"We had to deal with a heat casualty and handling a non-compliant Soldier right in the middle of instructing Soldiers on another task," he said.

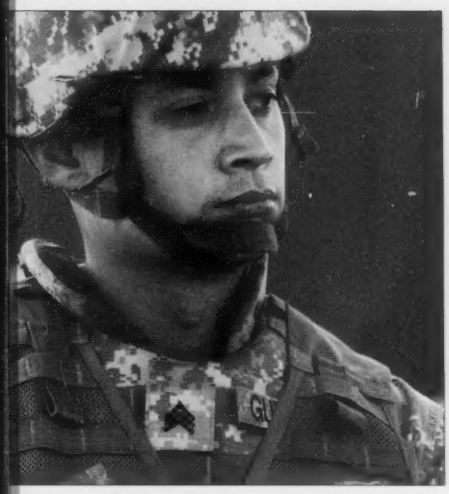
"You have to be physically and mentally prepared," Noland said. "We had to be proficient and knowledgeable on all the tasks that drill sergeants are supposed to know. We really had to be able to adapt on a dime to each situation we were faced with."

Overall, Noland said the competition was a great learning tool for him. "I'll be able take what I learned here and pass it on to Soldiers when I return to my drill sergeant duties."




Sgt. 1st Class Michael Noland, 95th Division
(Photo: TRADOC News Service)

# USARC "BEST WARRIOR" COMPETITION



**FORT McCOY, Wis.—After four days and four nights of very little sleep, buckets of sweat pouring from their bodies, limbs aching with exhaustion and their feet bloodied and blistered, a field of 32 Army Reserve NCOs and Soldiers was narrowed down to just two.**

*Story and Photos by Timothy L. Hale*
*Army Reserve Public Affairs*

In the end, Sgt. Francisco M. Gutierrez and Spc. David R. Obray were truly the best of the best at the U.S. Army Reserve Command (USARC) NCO and Soldier of the Year "Best Warrior" Competition held at Fort McCoy, Wis., July 6-10, 2008.

"I couldn't believe it," Gutierrez said after he was announced as the top NCO. "I put myself (mentally) 30 points behind who I thought was leading. But when he was put out in the second round of Mystery Event (combatives), I thought I might have a chance. I still can't believe it."

A unit supply specialist with the 98th Expeditionary Signal Battalion, 335th Theater Support Command, Gutierrez has served in the Army for 11 years.

For Obray, winning the "Best Warrior" competition is one more chapter in a short but colorful Army career.

Weighing over 300 pounds as a 16-year-old, Obray was inspired by his older brother, Christopher, a Sgt. in the Army Reserve. Looking at the younger Obray, you would never know the young man was turned down by the Military Entrance Processing Station twice because of his weight.

Now, much trimmer and fitter, Obray overcame many obstacles to achieve the title of Army Reserve Soldier of the Year.

"After I won the combatives tournament, I knew it was worth 100 points which definitely helped," said Obray, a construction equipment repairer with the 492nd Engineer Company, 88th Regional Readiness Command.

Throughout the week, the competitors endured a number of mental and physical challenges.

The competition started with a written exam, a graded essay, and an appearance before a Command Sergeants Major board

on Monday. Tuesday through Thursday was the more physically challenging events that included: an Army Physical Fitness Test, a day and night Urban Warfighting Orienteering Course, completing ten Warrior Tasks and Battle Drills, M-4 rifle day and night qualification, a 10km ruck march and the Mystery Event which comprised of a last-man-standing combatives tournament.

Over the last three days, the competitors covered nearly 20 miles on their feet, carrying 35 pound rucksacks, full body armor, weapons and assorted military accoutrements. Due to the loads and the Wisconsin heat, many competitors kept the combat medics busy bandaging feet and administering intravenous fluids.

"This competition is tough," Sgt. Maj. Anthony Young, USARC "Best Warrior" NCOIC, told the competitors on Sunday evening before the competition started. "It's designed to be as close to the Department of the Army competition as possible."

The next step for both Gutierrez and Obray is to prepare for the Department of the Army NCO and Soldier of the Year "Best Warrior" Competition which will be held at Fort Lee, Va., Sept. 28–3 Oct., 2008. There, they will represent the Army Reserve against the 11 other major Army Commands.

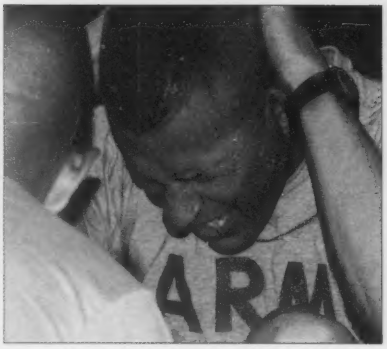
"I plan to train twice as hard as I did for this competition," Gutierrez said. Both he and Obray said the Fort McCoy competition was "intense and challenging" and they expect the Army-wide competition to be the same if not more challenging.

*(Editor's note: Look in the Winter issue of Warrior-Citizen Magazine to see how Sgt. Gutierrez and Spc. Obray fare at the Army-wide competition).*

Timothy L. Hale, U.S. Army Reserve

(Left to right) Spc. David R. Obray, Staff Sgt. William K. Sauder and Sgt. Francisco M. Gutierrez participate in the 10K road march during the U.S. Army Reserve Command NCO & Soldier of the Year "Best Warrior" Competition at Fort McCoy, Wis., July 6–10, 2008.

Sgt. Bret A. Matthewson, representing the 88th Regional Readiness Command, throws a hand grenade during the Warrior Task and Battle Drills portion of the competition.



Sgt. 1st Class William J. Coleman completes a sit-up during the Army Physical Fitness event at the U.S. Army Reserve Command NCO & Soldier of the Year "Best Warrior"Competition at Fort McCoy, Wis., July 6-10, 2008. Coleman, of Olympia, Wash., is representing the Military Intelligence Readiness Command.

Sgt. Francisco M. Gutierrez, right, receives and IV from Pfc. David Boyer, after the 10K road march.

## SUPER BOWL HERO SPEAKS TO BEST WARRIOR SOLDIERS

***By Master Sgt. Christina Steiner***
***2nd Battalion, 339th Regiment***
***1st Brigade, 70th Training Division***
***84th Training Command***
***(Leader Readiness)***

FORT MCCOY, WIS.—A former NFL defensive end and Super Bowl hero, Fred Stokes, spoke about overcoming adversity to an audience of Best Warrior Competition Soldiers in July, 2008.

Stokes is currently a motivational speaker with his company, Fred Stokes Group, Ltd., and author of "The Bridge That Brought Me Over," his autobiography of growing up in poverty and overcoming great odds to do something positive with his life. He also founded a youth ranch.

His football career didn't really begin until his senior year of high school. He earned a football scholarship to Georgia Southern University, was drafted by the NFL in 1987 and played ten seasons before retiring. He played in the 1992 Super Bowl for the Washington Redskins where he earned the coveted Super Bowl ring in the team's victory over the Buffalo Bills.

He retired from the league in 1997 to pursue what he views as his purpose—using his life experiences both on and off the field to motivate a change to excellence across the nation, according to his biography by his marketing company.

During the competition banquet, Stokes expressed his thoughts of what he witnessed one day at Fort McCoy. "I saw a portion of the competition—combatives—I thought, well I was in the NFL for 10 years, I can do that… but now I have doubts. It looked hard."

"I have the Super Bowl ring with 16 diamonds," he said. "I always wear it. I'll always be part of the NFL just as you will always be a Soldier… even when not in uniform. It's in the heart."

# OLYMPIC HISTORY

*By Tim Hipps*
*Family and MWR*
*Command Public Affairs*

BEIJING—At age 56, U.S. Army Reserve Staff Sgt. Elizabeth "Libby" Callahan became the oldest U.S. female competitor in Olympic history with a 25th-place finish in the women's 25-meter pistol shooting event Aug. 13, 2008 at the Beijing Shooting Range Hall.

"I've been told oldest ever female Olympian of any nation, of all time," Callahan said. "But I don't know if that's right."

USA Shooting officials could not confirm that claim. At any rate, Callahan certainly has withstood the test of time on the competitive pistol-shooting line.

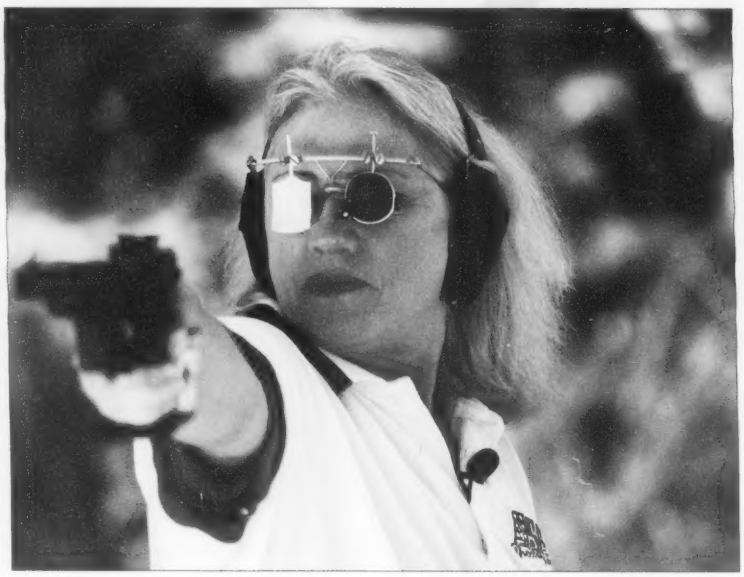
"Well, it shows my longevity, I guess," Callahan said with a laugh and a smile that rivaled the seemingly never-ending smiles of the Chinese hosts of the Beijing Games. "I'm just still kicking, and I'm not putting any restrictions on myself. It doesn't say I have to stop at a certain age."

"In fact, the oldest Olympic medalist was in shooting and he was 73, back in the early 1900s," she said.

Therefore, Callahan, a four-time Olympian, already is considering taking a shot at the 2012 London Games.

"I'm not ruling it out," she said. "I'm not ruling anything out. I still feel good, and I still have that competitive fire in me."

Callahan's passion for pistol packing already has earned Summer Olympic trips to Barcelona, Atlanta and Athens, Greece, along with journeys to Hyderabad, India, for the Conseil Internationale du Sport Militaire's 2007 Military World Games, and to Salinas, Puerto Rico, for the 2005 Championships of the Americas. She's also competed in five World Championships and as many Pan American Games.



Tim Hipps

Army Reserve Staff Sgt. Elizabeth "Libby" Callahan prepares for competition in her fourth Olympics in the women's 25-meter sport pistol event.

"What I've probably done in a lot of areas is that I've tried too hard," Callahan said. "I shoot great technique. I've been told this not just by U.S. coaches but other international coaches. It's just something's happening just a few times in a match that throws me out of some competitions. That's a mental thing. And you know, the brain, the mind, is a terrible thing."

Callahan can easily laugh with herself—seemingly oblivious of the fact that Father Time could be ticking on her athletic career. Her approach to the sport, however, remains the same as she approaches her 57th birthday.

"You still have to have the same mental approach, have to have the same techniques to execute the shot," she said. "There may be a different perspective in maybe somebody who is younger or hasn't been here before, but that's just all part of experience—just having general experience in life."

"I'm way advanced than I was when I first started shooting, but it's some mental things that really grab me at certain times and it hurts me in the match."

Callahan did not advance to the final in Beijing, where gold medalist Gundegmaa Otryad of Mongolia equaled the Olympic record with a 590 total. Germany's Munkhbayar Dorjsuren won the silver medal with a score of 587. China's Chen Ying took the bronze with a 585 total.

Callahan's career-best Olympic finish was 19th in the 2004 sport pistol event in Athens, where she also placed 30th in the air pistol competition.

"Some days you're really good. Some days you're really bad. And some days you're mediocre," she said. "That's what makes shooting interesting and I guess challenging. You can shoot a perfect score, and the next day go out and you aren't diddly squat."

Either way, Callahan always finds the resolve to shoot another day.

# RE-ENLISTING ARMY RESERVE SOLDIER PROFILES

On January 18th, 2008, 100 Army Reserve Soldiers reaffirmed their commitment to serving their country by participating in a centennial re-enlistment ceremony in Baghdad, Iraq. These 100 Soldiers, like so many others, are meeting the challenges of today's Global War on Terrorism, while supporting various missions at home and around the globe. In its 100th year, the Army Reserve celebrates its proud history and honors the Soldiers who make is possible. Below are just a few of their stories.

### CORRECTION

**On page 46–47 of the Spring 2008 issue of Warrior-Citizen Magazine, Re-enlisting Army Reserve Soldier Profiles, the photos of Sgt. Corey Dewayne Smith and Staff Sgt. Peter Vaughan were transposed. The information below the photo is correct for the profiled Soldier.**

## Spc. Laura Mosley

**DEPLOYMENT**
I am serving in Iraq with the 535th Military Police Battalion. She has served for seven years and re-enlisted for six more years.

**RESPONSIBILITIES**
Serves as a supply specialist.

**WHAT HAVE YOU LEARNED FROM THE ARMY**
The discipline for one. Responsibility, being accountable for yourself and for your Soldiers. A lot of things we can use in the real world as managers and supervisors.

**THOUGHTS ON SERVING IN THE ARMY RESERVE**
One, because I wasn't ready to give up the military yet because I want to further my military career. Two, for the education benefits because I still want to go to school and get my bachelor's degree. And three for the bonus money. That was an extra perk.

## Master Sgt. Gerald Evans

**DEPLOYMENT**
One tour of Vietnam as an infantry point man. In the last six years, I've mobilized five times. Two deployments were short deployments as a Department of the Army civilian to do this job. And then one deployment in Utah and one deployment in Fort Hood, Texas. I have 24 years of military service.

**RESPONSIBILITIES**
Currently serving in Iraq on the U.S. Army Reserve Command Re-deployment Reconstitution Asset Visibility team.

**HOME LIFE**
Tooele, Utah is my hometown. I serve as a Toole Army Depot employee in Division of Public Works. Married with 4 kids; 3 boys, 1 girl and 3 grandkids.

**THOUGHTS ON SERVING IN THE ARMY RESERVE**
I do it for my country. I do it for my family and that's the way I've always done it. And I get emotional.

## Sgt. Juan Pablo Leon

**DEPLOYMENT**
I am serving in Iraq with the 535th Military Police Battalion. I have served for 12 years.

**RESPONSIBILITIES**
I'm in logistics (92A). I picked that because I wanted to try something new. When they explained to me about supply, I thought it would be something new and interesting.

**HOME LIFE**
I'm originally from Peru and have been in the United States for 11 years. In my community, I have friends but I don't have friends who are in the military (from the community). But I think I'm a good example for them.

**THOUGHTS ON SERVING IN THE ARMY RESERVE**
The Army Reserve gives me the opportunity to serve my country and to have a civilian life. The Army Reserve called me one day to serve overseas for 12 months. When I signed my contract, I promised to defend the U.S. Constitution.

## Sgt. Alicia Law

**DEPLOYMENT**
I am serving in Iraq with the 535th Military Police Battalion.

**RESPONSIBILITIES**
My MOS is Personnel Admin. Specialist (42A). Currently, I've been tasked out to work in detainee operations. The first part of my deployment I worked S-1 issues; now it's detainee operations.

**HOME LIFE**
I have two sons; I'm a single parent. My oldest is 18 and this is his first year in college. Fortunately, the college that I elected to send him to is just 45 minutes from his father so his father helps out tremendously with him. My eleven-year old is with my sister in Virginia. She's taking care of him along with her daughter.

**THOUGHTS ON SERVING IN THE ARMY RESERVE**
Since I've been here, I see how important it is because I see that we are trying to make a change.

# U.S. ARMY RESERVE HEROES

**Meet a few of the Army Reserve Soldier-Heroes from Operations Iraqi Freedom, Noble Eagle, and Enduring Freedom. The Soldiers below were honored during the Army All-American Bowl on January 5, 2008 in San Antonio, Texas.**

## RANDY GROWALL

**Rank** Chief Warrant Officer

**Unit** 910th Quartermaster Petroleum Supply Company

**Title/Position** Motor Officer

**Number of Years of Service** 22

**Number of Deployments** 1

**Location/Dates of Deployments** Operation Iraqi Freedom, 2006 to 2007

**Awards received for OIF/OEF service** Bronze Star Medal

**Hometown** Ashland, Ky.

**High School** Paul G. Blazer High School, Ashland, Ky.; Fork Union Military Academy, Fork Union, Va.

**College** Oral Roberts University, Tulsa, Okla.

**Why did you answer the Call to Duty?** I believe in a strong military, and I wanted to give something back to this great country. I think if you are capable of military service, it is your duty to enlist. I am not inclined to let someone else do my job for me. I am going to protect and defend my country and my family.

## STEVEN S. RICHARDSON

**Rank** Major

**Unit** 372nd Engineer Brigade

**Title/Position** Company Commander

**Number of Years of Service** 23

**Number of Deployments** 1

**Location/Dates of Deployments** Operation Iraqi Freedom, February 2004 to February 2005

**Awards received for OIF/OEF service** Bronze Star Medal

**Hometown** Bay City, Mich.

**What does Army Strong mean to you?** Army Strong means overcoming all obstacles to complete the mission despite adversity. During my deployment, I had a lot of interaction with the locals and I saw how my unit made a difference in their lives. We transformed unmanageable alluvial deposits and riverbanks into terraced agricultural land. Among other things, we renovated schools, built water treatment plants and remodeled city halls. Army Strong also means realizing your strength through teamwork and it implies giving 110 percent to the team.

## ELSA R. CARDOZA

**Rank** Sgt. 1st Class

**Unit** 63rd Regional Readiness Command

**Title/Position** Army Reserve Career Counselor

**Number of Years of Service** 20

**Number of Deployments** 4

**Location/Dates of Deployments** Bosnia, 1999; Kosovo, 2001; Operation Enduring Freedom, 2003 to 2004; Operation Iraqi Freedom, 2006 to 2007

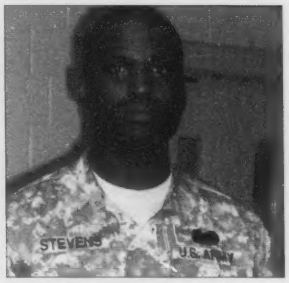
**Awards received for OIF/OEF service** Bronze Star Medal

**Hometown** Sacramento, Calif.

**High School** Ponderosa High School

**College** University of the Pacific

**Why did you answer the Call to Duty?** I have been blessed to live in a country that has offered me the freedom and the opportunities that I wouldn't have received in my country of birth. My children have been born here and this has been my home for the last 30 years. I love this country and what it has been offered to me and the way of showing my appreciation and love is by helping to save this way of life for future generations to come.




## JOHN L. STEVENS

**Rank** Staff Sgt.

**Unit** 7217th Medical Support Unit

**Title/Position** Dental Section Sgt.

**Number of Years of Service** 9

**Number of Deployments** 2

**Location/Dates of Deployments** Operation Iraqi Freedom, 2003 and 2005

**Awards received for OIF/OEF service** Bronze Star Medal, Army Commendation Medal

**Hometown** Miami, Fla.

**High School** Miami South Ridge Senior High

**Colleges** Central Texas College, American Intercontinental University

**What does Army Strong mean to you?** Army Strong is a mentality. No other job on this planet is as physically, mentally, and emotionally demanding as the Army. Only the strongest-minded of people can be Army Strong. It means the ultimate sacrifice, the highest discipline, the strict code of honor. The Army has equipped me with the abilities to overcome any obstacle, to keep constantly motivated, and to make competent decisions in all I do.

# FATHER, SON SERVE SIDE BY SIDE

Sgt. Tracy Ellingsen

Sgt. Frank McMackin, 'Big Mack'

Sgt. Tracy Ellingsen

Spc. Lylevalentine McMackin, 'Little Mack.'

***By Sgt. Tracy Ellingsen***
***Public Affairs Officer***
***311th Sustainment Command***

CAMP ARIFJAN, KUWAIT —Spc.

Lylevalentine McMackin won't have to call back to the United States to talk to his father for Father's Day. He won't even have to drop a card in the mailbox or send off an e-mail. No, next Father's Day McMackin will be able to shoot hoops with his dad, Sgt. Frank McMackin, like they do almost every Sunday. They'll be playing on a court in Kuwait supporting Operation Iraqi Freedom, if they are still deployed together.

The McMackins are both assigned to the 257th Transportation Company (Heavy Equipment Transport), based out of Nellis Air Force Base in Las Vegas and currently conducting operations in Kuwait and Iraq.

"On the surface it seems like it would be a problem having father and son in the same platoon, but I've never had a problem," said Sgt. 1st Class Cory Comeau, their platoon sergeant. "Which speaks a great volume on their character," he added.

"Big Mack," as he is known to the Soldiers of the 257th, is currently on his second deployment in the Global War on Terrorism. He deployed in 2006 to Iraq where he ran gun trucks for a year. In his civilian job, he works as a truck dispatcher in Ontario, Calif.

He lives in Anaheim, Calif. with his wife and daughter. His son, known as "Little Mack," is the last of his three sons to be deployed to the Middle East.

"The others have all been here," said Sgt. McMackin, speaking of his sons Spc. Devinshaw and Sgt. Charles McMackin, both active duty infantrymen. "He is the last one."

The challenges of being homesick and missing Family that affect many Soldiers are less prevalent among the McMackins.

"Once in a while we'll hang out, go to the PX, play volleyball, play basketball…," said Spc. McMackin. "When it's me and my two brothers and my dad at home we play basketball every Sunday."

But along with the benefits of being deployed together, this year is also proving to have some challenges. Unlike Family members back home who don't know the day-to-day operations of their loved ones who are deployed, the McMackins know the dangers and the risks because they are both exposed to them.

"When we come back from a mission, I don't have to call home," Spc. McMackin said. "I can just go talk to my dad."

# EUCOM TO ASSESS GEORGIA'S AID NEEDS

*(Editor's note: This event occurred on Monday, Aug. 20, 2008. Brig. Gen John Miller is an Army Reserve Soldier. Used with permission from © 2008 Stars and Stripes.)*

A U.S. European Command joint assessment team arrived in Tbilisi on Monday at the behest of the Georgian government, U.S. military officials said.

The team, which is being led by Army Brig. Gen. John Miller, deputy commander of the 21st Theater Sustainment Command and the commander of the 7th Army Reserve Command, will investigate the scope of the humanitarian need in the country.

The EUCOM group will focus on issues such as transportation, infrastructure needs, manpower and other life support considerations, according to EUCOM.

The team will then make recommendations on what type of support should be provided in future operations.

Navy Lt. Jim Hoeft

Georgian Member of Parliament Akaki Minashvili discusses damage with Lt. Col. Otto Fiala and Lt. Col. Lawrence Tubbs from the 7th Army Reserve Command amidst the ruins of a burnt apartment building where 16 people were killed and 13 others injured. Members of U.S. European Command's Joint Assessment team, led by Brig. Gen. Jon Miller, the 21st Theater Sustainment Command's deputy commanding general and commanding general of the 7th ARCOM, were responsible for assessing the level of damage, the status of relief efforts, and the return of displaced persons in the embattled city of Gori, Georgia.

As of Monday evening, the U.S. military has delivered more than 270,000 pounds of supplies on 12 flights. The flights out of Ramstein Air Base, Germany, will continue in the days ahead, EUCOM said.

The lead agency in the relief effort is the U.S. State Department.

The planes, which have included both C-130s and C-17s, have delivered bandages, surgical supplies and medicine as well as emergency shelter and bedding.

The joint effort between the Army, Navy, Air Force and Marines transported more than 6,000 blankets, nearly 12,000 sheets, 580 cots, and more than 17,000 sleeping bags, EUCOM reported.

The U.S. Navy in Europe also beefed up its capability to deliver large quantities of humanitarian supplies, calling in a C-40 Clipper cargo plane from the U.S. for the daily missions.

# CIVIL AFFAIRS SOLDIER EARNS DEPARTMENT OF STATE SUPERIOR HONOR AWARD

*By Tina M. Beller*
*Public Affairs Office*
*USACAPOC (A)*

FORT BRAGG, N.C.—When Capt. Laura Peters, a 31-year old Army Reserve civil affairs Soldier, began her deployment to Iraq in March 2007, she never imagined she would be one of a few military service members to receive the Department of State's prestigious Superior Honor Award (SHA). The U.S. Army Civil Affairs and Psychological Operations Command (Airborne) Soldier received her award in ceremony at Fort Bragg, N.C. on Aug. 8, 2008.

She was assigned to a brigade provincial reconstruction team in the Salah Ad Din Province, Iraq, where her work contributed to the bonds of trust and cooperation that enabled the Provincial Reconstruction Teams (PRT) to work effectively with the Provincial Government, the Sheiks' Council, the Provincial Council and the U.S. Army leadership in Multi-National Division-North.

PRTs exist to build Iraqi capacity and accelerate the transition to Iraqi self reliance. The front-line operatives in the campaign to stabilize Iraq are the American and Coalition members who comprise the Provincial Reconstruction Teams.

By building provincial governments' ability to deliver essential services and other key development projects to local Iraqis, PRTs help to extend the reach of the Iraqi government to all corners of the country and help build the stability necessary to complete the transition to full-Iraqi control.

"This award is very significant for Capt. Peters and our community," said Maj. Gen. David A. Morris, ceremony officiator and commander of the U.S. Army Civil Affairs and Psychological Operations Command (Airborne). Capt. Peters is a shining example of what CA is all about," said Morris.

"This has been an honor to work with the civil affairs community, the Department of State," said Peters after receiving her award before fellow Soldiers of her assigned unit, the 1st Training Brigade. "Honestly, I have a huge debt of gratitude from the amazing experiences that I've grown from as a person and a leader."

Sgt. 1st Class John Gonzalez

Maj. Gen. David A. Morris, commanding general of the U.S. Army Civil Affairs and Psychological Operations Command (Airborne), congratulates Capt. Laura Peters on receiving the State Department's prestigious Superior Honor Award.

## Recruiting Assistance Program

### TOP REGIONAL RECRUITING ASSISTANTS

**REGION 1**
2LT Kate Roberts
West Bath, Maine

**REGION 2**
SPC William Kidd
Clarks Mills, Pa.

**REGION 3**
SSG Donald Trout
Maxwelton, W.Va.

**REGION 4**
SFC Harvey Allen
Bryson City, N.C.

**REGION 5**
SFC Barbara Thomas
Kissimmee, Fla.

**REGION 6**
SGT Latasha Dyer
Vicksburg, Miss.

**REGION 7**
CPT Stephen Funderburk
Wenatchee, Wash.

**REGION 8**
SGT Andrew Diediker
Norfolk, Neb.

**REGION 9**
SSG Adam Minard
Kansas City, Kans.

**REGION 10**
PFC Chrisstopher Crable
Lafayette, Ind.

**REGION 11**
SPC Derrick Guidry
Rowland Heights, Calif.

**REGION 12**
CSM Robert Boone
Desoto, Texas

# SOLDIER LIFTS SPIRITS WITH ARMY STRONG VOCALS

*By Master Sgt. Derrick Witherspoon*
*OCAR ARC SC*

WASHINGTON—Taking her passion for singing to another level, Army Reserve Sgt. 1st Class Patricia D. Ruth was invited to Chicago in July 2008 to share her talents with the world on the gospel entertainment program "SINGSATION!"

Ruth, an NCO with the Office of The Chief, Army Reserve, located here, was invited by the producers of SINGSATION! to participate on the show as a way for them to show their appreciation to the men and women of the U.S. Armed Forces. The program, which first premiered June 4, 1989 on the Chicago based WBBM-TV, is the first nationally syndicated African-American-owned and produced gospel program on commercial television and now broadcasts internationally on WGN. Ruth's appearance on the show aired in August 2008.

Ruth said her participation on the show was primarily due to a former co-worker who knew of her singing talent and thought she would be perfect for the show.

"I was so honored, first of all, to be chosen out of so many potential Soldiers, and secondly, to be given the opportunity to share with the world my passion for singing."

Ruth said she has been singing since she was a toddler. Although she is not a professional singer, she added that she has recorded some songs in a music studio. She said that one day she would like to record a CD of all the songs that she loves and share it with the world.

"I love to sing," said Ruth with enthusiasm. "I sing in church services, at weddings, promotions and retirement ceremonies, and at birthday celebrations. I have even sung at a baby shower. Whatever direction life takes me, I will bring my love of singing along with me."

Ruth said her grandmother gave her the motivation to pursue her passion for singing.

"I was so shy growing up that I would only sing when I was alone," said Ruth. "But my grandmother overheard me one day, and since that day she has pushed me to sing in public. I would have never dreamed that I would be able to get in front of anyone to sing, but it was the encouragement from a proud grandmother that assured me that I could do it. I only wished that she could have lived long enough to witness some of the opportunities that have come my way."

Ruth said if given the opportunity, she would love to go back on the show again.

"When I watch the taping of it, it still gives me the chills," said Ruth. "And to think that I touch the hearts of people that hear me sing is truly a blessing to me."

Ruth, who has served 23 years in the Army Reserve, said she would tell other Soldiers trying to pursue their dreams while serving in the military to, "Just do it!"

"Whether you are motivating someone else or being motivated by someone else, dreams do come true, and you can feel good knowing that you helped someone make their dreams come true," said Ruth.

Sgt. 1st Class Patricia D. Ruth sings on the gospel program SINGSATION! in July 2008.

Courtesy Photo

# STRONG BONDS

*By 1st Lt. Michael Meyer*
*Public Affairs Office*
*Army Reserve Medical Command*

SALT LAKE CITY —As the Army continues to deploy troops in support of the Global War on Terrorism, Army leaders have identified that the relationship between soldiers and their spouses could benefit from reinforcement.

As a way to help Army Families' deal with the stresses of wartime deployments, married Soldiers have the opportunity to attend marriage retreats as part of a program called "Strong Bonds."

## STRONG BONDS

"Strong Bonds' was developed by the Army 10 years ago to give couples an opportunity to spend a weekend together with no worries, no kids, in a nice hotel. All meals and lodging are reimbursed and they also have an opportunity to work on communication techniques to enhance their relationship," said Chaplain (Capt.) Scott Hagen, Army Reserve Medical Command (ARMEDCOM).

The "Strong Bonds Program" is based upon the copyrighted "Prevention and Relationship Enhancement Program," also known as PREP. These education products are the result of 25 years of research in the field of marital health and success.

"This is an enrichment program. We are here to take marriages that are pretty secure and sound, and try to build on that and make them better," said Chaplain (Col.) Stephen Boyd, ARMEDCOM.

Couples attend the three-day retreat in dozens of cities across the continental U.S. throughout the year. Chaplains from the Army Reserve Medical Command chose Salt Lake City as the host city for its most recent retreat. The retreat included various practical exercises and games to keep the experience informative and entertaining.

"When we all came together, the first thing they did was get us all up talking to everybody, in a group assignment." said Sgt. Jeff Matney "Coming into a group of strangers you could feel uncomfortable, but it wasn't that way," said Matney, recently married to his wife Nicole only nine months ago.

The next day Army chaplains taught marriage enrichment classes that touched on such subjects as communication and problem solving, and forgiveness.

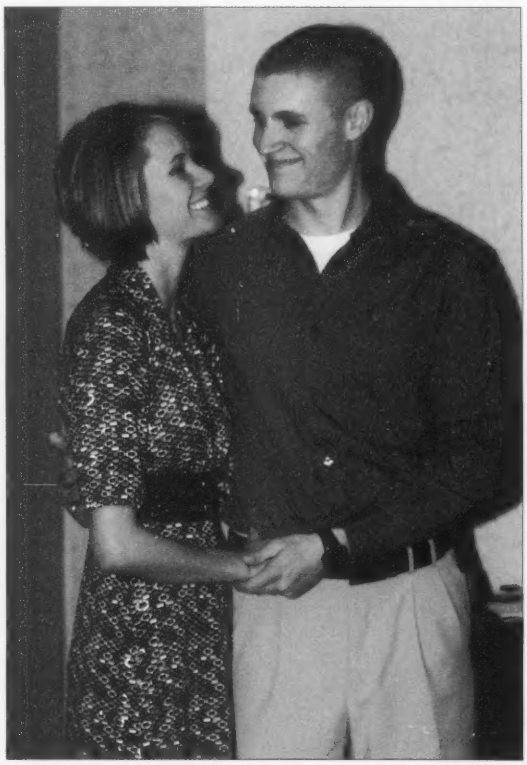
The course placed special emphasis on couples that have spouses that are deploying or returning from combat zones.

"Prior to deployment everybody is nervous. The kids are nervous because mom or dad is going away," said Hagen." "The spouse is nervous because they are not sure what role they are going to play. After deployment, the Soldier comes back and they may not know what they are supposed to be doing. "Strong Bonds" gives couples communication techniques so they can talk about these issues."

"I think this type of training should be a priority before and after a deployment," said 1st Lt. Brian Chapple, who has deployed three times in support of Operation Iraqi Freedom. "It really helps people understand how to interact with each other better."

The last day of the retreat, ended with couples having the option to renew their vows before a chaplain.

Soldiers or their spouses interested in attending a marriage retreat can contact their local chaplain or visit their Web site at **www.strongbonds.org.**



1st Lt. Michael Meyer

Jeff and Nicole Matney, married for nine months, renew their marriage vows at the "Strong Bonds" program.

# "GO FOR BROKE" DEPARTURE CEREMONY

*By Maj. Jeff Weir*
*Army Reserve Public Affairs*

HONOLULU, HAWAII—Once in a long while, uniqueness comes along. When it comes to military units, few can compare to the 100th Battalion, 442nd Infantry Regiment—the last ground combat force in the Army Reserve. Before 6,000 Family and friends, a celebration in honor of those who now wear the honored "Go For Broke!" insignia of the 442nd took place Aug. 16, 2008 at Aloha Stadium in Honolulu.

**"We can't get complacent. Pulling convoy security can get boring but over hundreds of miles anything can happen." —Capt. Haz Anguay**

Joining the 29th Infantry Brigade of the Hawaii Army National Guard on the stadium field were the infantrymen of the 100th Bn., 442nd Inf. Regt. who sounded off in some unusual chants and cadences reflecting not only their local Hawaii roots but those of such far off places as Guam, American Samoa and Saipan. The voices of the 1,700 Soldiers on the field were soon drowned out by screaming, clapping and the "Aloha Spirit" that was flowing from the stands to the field.

The atmosphere in the stadium seemed different from similar events for other units nationwide because it *was* different. Hawaii represents the center of a vast geographical area whence the Soldiers came. Dominated by native Hawaiians and Soldiers of Japanese or Chinese ancestry, the diversity was extreme. The spectrum of 442nd Soldiers assembled on the field came together for one purpose: to say good bye for the second time in three years.

During WWII, many Japanese-Americans were detained as "enemies" despite having been multi-generational American families. The 100th Bn. was originally formed of Hawaii Japanese-Americans released from detention camps in 1942. Following the 100th's initial combat in Africa and Italy, others wanted to prove their patriotism. Segregated units convincingly proved their mettle including the 1st and 2nd battalions, 442nd Regimental Combat Team (RCT) from west coast detention camps.

Due to their outstanding bravery and the heavy combat duty they faced, the 442nd RCT became the most decorated unit in U.S. military history for its size and length of service. There were over 18,000 individual decorations for bravery, 9,500 Purple Hearts, and seven Presidential Distinguished Unit Citations. There were 20 Medals of Honor, 52 Distinguished Service Crosses and 560 Silver Stars (28 with Oak Leaf Clusters).

Capt. Haz Anguay, commander of Co. D, 100th Bn., 442nd Inf. Regt., Ewa Beach, Hawaii, said that more than 60 percent of his Soldiers are deploying to Iraq for the second time. Last year, some of those joined another deployment to the Philippines in support of U.S. Special Forces, as well.

"We can't get complacent," Angauy said. "Pulling convoy security can get boring but over hundreds of miles anything can happen. We trained hard at Fort Hunter-Liggett and gelled really well. We still have our quirks so we have some work to do but I'd say we're prepared."

"These guys are Soldiers but they also have standing in their tribe back home. Their performance doesn't stop at the gates of the Reserve Center—it extends into their daily lives. Many of our senior NCOs have positions such as chief of their tribe. If a Soldier messes up in the unit, the whole tribe is aware—likewise for positive actions," said Capt John Adams, commander of Co. B, based in Pago Pago, American Samoa.

Adams is an Active-Guard and Reserve officer from Albany, N.Y. Having deployed to Afghanistan, Iraq and Guantanamo Bay, he is looking at this fourth deployment as his most challenging. "Having to be the boss who must make difficult decisions, I appreciate and am humbled by it. It is truly an honor to have the opportunity to lead such a fine group of true, respectful warriors."

U.S. Sen. Daniel Inouye, who served in Co. E., 100th Bn., 442nd Inf. Regt., during WWII, addressed the Soldiers and shook the hands of the commanders and color bearers. Afterward, Inouye summed up the day, "However, this is inspiring that Soldiers of different cultures come under one flag for one mission. I am constantly surprised by it and the love in this stadium.

Staff Sgt. Dave Conklin

Little Skylah Anguay from Ewa Beach, Hawaii, shows her "Aloha Spirit" for her stepfather, Capt. Haz Anguay, commander of Dragon Company, 100th Battalion, 442nd Infantry Regiment of the Pacific Army Reserve during the Deployment Ceremony for Hawaii's 29th Brigade Combat Team.

# PARTNERSHIP TO HELP MPDC, ARMY RESERVE SHARE SAME TALENT POOL

*By Donna Miles*
*American Forces Press Service*

WASHINGTON—The adage, "If you can't beat 'em, join 'em," got a new twist July 14, 2008, as the Army Reserve and the Metropolitan Police of the District of Columbia (MPDC) signed a partnership deal so they can recruit, hire and train people for both organizations.

MPDC became the first law enforcement agency to partner with the Army Reserve in a unique arrangement that Lt. Gen. Jack Stultz, chief of the Army Reserve, called a win-win for the military as well as the police. Instead of competing for the same talent pool, they can now join forces to fill their ranks and train their members.

The agreement, signed at the Metropolitan Police Academy here, enables Army Reserve recruiters to refer recruits signing on as military police or active-duty military police joining the Army Reserve for civilian jobs with the MPDC. Similarly, the police department can refer its members for Army Reserve jobs.

The arrangement will enable the two organizations to help each other fill critical shortages while also taking advantage of the training and experience base both provide their members, Stultz said.

Thomas F. Hall, assistant secretary of defense for reserve affairs, noted today that the Army Reserve and MPDC are looking for recruits with many of the same attributes. Both want honest, drug-free members who know how to lead as well as follow and love their country and communities, he said.

First Sergeant Ryan Ervin of the 200th Military Police Command at Fort Meade, Md., also an MPDC officer, said the Metropolitan Police Department and Army Reserve both stand to benefit from sharing the professional, career-minded and goal-oriented recruits each attracts. Army experience gives police recruits an ability to think on their feet, work within a command structure and show flexibility when it's needed, he said.

Meanwhile, Stultz said, civilian police experience brings strong negotiating, interrogation and crime scene investigation skills to the Army Reserve.

The MPDC partnership is the Army Reserve's fifth so far, but partnerships with about 50 other law-enforcement agencies are in the works and nearly 150 additional employers have expressed interest in forming one.

What makes the concept so popular, even in the face of reserve deployments, is that it helps employers realize the upside of hiring Army Reserve Soldiers, Stultz said. "Don't look at the Reserve as a drain on your force. Look at it as a value added," he said he tells employers.

Stultz called the signing ceremony a big day not just for the Army Reserve, but for the Army as a whole, which counts on its citizen-soldiers to sustain the all-volunteer force. To do that, he said, the Army Reserve needs to work cooperatively with civilian employers.

"A number of employers out there are saying that this is a great idea," and a way to attract everything from truck drivers to medical technologists to engineers to law enforcement officers to their work forces. "You name it, we've got it," Stultz said. "Partnerships help provide the conduit."

Learn more about the U.S. Army Reserve Employer Partnership at **http://www.armyreserve.army.mil/ARWEB/NEWS/WORD/Employer_Partnership.htm.**

Donna Miles

Cathy Lanier (seated, left), chief of the Metropolitan Police of the District of Columbia, and Maj. Gen. Peter Cook from the Army Reserve sign a partnership agreement to collaborate on recruiting during a July 14, 2008, ceremony. Looking on, left, are Assistant Secretary of Defense for Reserve Affairs Thomas Hall and Command Sgt. Maj. Leon Caffie, command sergeant major of the Army Reserve.

## ARMY RESERVE EMPLOYER PARTNERSHIP CONTACTS:

**Chief Warrant Officer Gary Roulier, 703-601-0899**

**Chief Warrant Officer Russell Rice, 703-601-0929**

**or e-mail ARCareers@usar.army.mil**

# U.S. ARMY RESERVE AND CON-WAY FREIGHT LAUNCH PARTNERSHIP

***Con-way Media Relations***

ANN ARBOR, MICH. —The U.S. Army Reserve and Con-way Freight, a less-than-truckload (LTL) freight carrier and subsidiary of Con-way Inc. (NYSE: CNW), today announced July 2, 2008 the launch of a unique public-private partnership that will allow both organizations to recruit, train and employ individuals interested in both serving the nation and pursuing a career in the commercial freight transportation industry. The official signing ceremony was held at Con-way Freight's new headquarters in Ann Arbor.

The Army Reserve's partnership with Con-way Freight is the first of its kind in the state of Michigan. Con-way Freight is also the first company within the transportation industry to join the new Employer Partnership initiative.

The agreement provides Army Reserve Soldiers opportunities for employment with Con-way Freight once they successfully complete their military occupational specialty training. The Army Reserve and Con-way Freight will work together to recruit, license and offer training reciprocity to qualified Soldier candidates who are entering the freight transportation field.

"We are proud to have Con-way Freight, a company that has a strong reputation for supporting the U.S. military, as an employer partner," said Lt. Gen. Jack C. Stultz, chief, Army Reserve and commanding general, Army Reserve Command. "Our partnership will provide Soldiers with opportunities to apply the unique skills and experience they have gained in the Army Reserve to the civilian workforce."

> "The brave men and women of the Army Reserve are well known for their leadership, teamwork and professionalism."
> —John G. Labrie

"The brave men and women of the Army Reserve are well known for their leadership, teamwork and professionalism. They understand esprit de corps and they bring a level of experience and work ethic to the job that's a tremendous asset for our organization," said John G. Labrie, president, Con-way Freight.

"It's an honor to join the Army Reserve in this partnership. We consider it a competitive advantage to be a recommended employer of choice for such a highly skilled and dedicated group of individuals as they take the next step in their careers."

The Employer Partnership seeks to formalize the relationship between the Army Reserve and the private sector. It establishes a process whereby employers and the Army Reserve may secure and share the talents of trained professionals. Partners such as Con-way Freight will benefit from the employment of men and women with Army values, experience and proven leadership skills. Other Employer Partners include American Trucking Associations, Inc. and Inova Health Systems.

The commissary - it's worth the trip

The Defense Commissary Agency (DeCA) brings the commissary benefit to members of the National Guard and Reserve living in areas where DeCA does not have brick and mortar commissaries. DeCA's "Bringing the Benefit to You" campaign includes taking a bit of the commissary itself to Guard and Reserve units through on-site truckload case-lot sales. Additional initiatives being considered include Internet-based ordering from individual Guard and Reserve unit members that are delivered via truckload sales and combining sales efforts with military exchanges.

In addition to supporting Guard and Reserve members, these sales are open to all authorized commissary customers. For a schedule of on-site sales in your area, visit DeCA's Guard/Reserve on-site sale page at www.commissaries.com/guard_reserve_sales.cfm

www.commissaries.com

# COVENANT SIGNING

*By Victoria L. White*
**Public Affairs Office**
***108th Training Command (IET)***

CHARLOTTE, N.C. —"Thank you for your service."

Those words echoed through the Charlotte City Council Chambers as Mayor Patrick McCrory, the honorable Secretary of the Army Pete Geren and a host of Charlotte community and military leaders signed the Army Community Covenant during a ceremony held Aug. 13, 2008. The ceremony's theme was "Serving Those Who Serve."

The Army Community Covenant is designed to develop and foster effective state and community partnerships with the Army to improve the quality of life for Soldiers and their Families. It's a formal commitment of support by communities to Soldiers and their Families.

Charlotte's covenant recognizes the commitment our Soldiers and their Families make and commits to supporting their strength, resilience and readiness. The covenant also commits to honoring those who serve and those who have died to defend freedom and the Constitution of the United States.

Charlotte's signing ceremony differed from other signing ceremonies thus far as it had a very strong community focus, organized and hosted by city and county officials, community leaders, the N.C. National Guard and the 108th Training Command (Initial Entry Training).

"We are honored to have Secretary Geren join us as we recognize the sacrifice of the Soldiers and Families who serve in the Army. The Charlotte Community Covenant is but one small way we extend our appreciation and say thank you as a community and as a region," said McCrory.

Geren emphasized military Families during his speech, noting the fact that more than half the Soldiers serving today are married and remarking how much he enjoyed hearing children in the audience "providing background sound" during his speech. "We're a nation of more than 300 million people," he said, "and those Families standing behind the Soldiers defending freedom for every one of us and most of the people in the Western world, help make them stronger."

"Few times in the world's history has so many owed so much to so few," he continued. "This community covenant is a way to reaffirm our commitment to those few. It is a debt that grows every single day. The citizens of Charlotte and Mecklenburg County have stood up and stood with our Soldiers and let's leave with a pledge to do all that we can."

"It is very much your Army," Maj. Gen. James B. Mallory, III, commanding general of the 108th Training Command (IET), told the audience. "The face of the Army is the Guard and Reserve in our community. The ability of our Army to defend the nation is linked to the support of the American people. As we're engaged in a protracted struggle against those who would harm our country and our Families, the Army has reached out to thank our nation's communities for their support. The City of Charlotte and surrounding area was chosen as a representative community to demonstrate the superior level of community support. This covenant is the ratification of an already-existing commitment by the leaders gathered here today."

"The Reserve and National Guard are carrying a heavy burden on the war on terror and wherever they're called to step in," Geren concluded. "We're asking more and more—and they're carrying that burden extremely well. We cannot go to war or support domestic disasters without them. The Reserve and National Guard will continue to grow."

Geren ended his speech with an emotional "thank you for your service" that got a standing ovation.

Vickie White

Charlotte, N.C. Mayor Patrick McCrory, left, and Secretary of the Army Pete Geren sign the Army Community Covenant, a formal commitment of support to Soldiers and their Families.

Courtesy Photo

With Melvin A. Bauman, Army Reserve Ambassador for Michigan and Lt. Col. Randall Williamson, battalion commander of the Great Lakes Recruiting Battalion looking on, Michigan Governor Jennifer Granholm proudly displays the proclamation she signed at the State Capitol in Lansing recognizing the Army Reserve's 100th birthday. Granholm also did a proclamation making Sep. 14–20 Employer Support of the Guard and Reserve Week. Bauman has partnered with the Recruiting Battalion in support of the Army Reserve recruiting effort.

# FAMILY TOOLS FOR A SUCCESFUL DEPLOYMENT

*Timothy L. Hale*
*Army Reserve Public Affairs*

Military deployments leave many Army Reserve Families filled with anxiety, dread and fear of the unknown.

Thanks to the efforts of the Center for Army Lessons Learned (CALL) at Fort Leavenworth, Kan., Family members and Rear Detachment Commanders have tools available to them to help during the difficulties of deployments.

CALL produced the Family Readiness Group Information and Rear Detachment Operations handbooks last year.

Since their publication, CALL has printed and disseminated 7,800 copies of the FRG Handbook and 16,400 of the Rear Detachment Operations Handbook. In addition, there have been 1,930 downloads of the FRG Handbook from CALL Web site.

"The CALL Family Readiness Group Handbook is designed to assist deploying commanders, Rear Detachment Commanders (RDCs), and Family Readiness Group (FRG) leaders in developing an effective Rear D/FRG operation. The principles outlined in this handbook apply at each echelon and for all unit types," said Phil Andrews, Operations Officer at CALL.

The products go hand-in-hand as both rear detachment commanders rely on the FRGs to keep things running smoothly and the FRGs depend on the rear dets. to keep Families informed.

"In relation to mission success, selecting a rear detachment commander and rear detachment team is the most important and most difficult decision a deploying commander will make before deployment," Andrews said.

"It is important to choose wisely. It is a difficult balance between taking the maximum combat power forward and leaving the right team behind to take care of the home front. If it doesn't hurt to leave them behind then they are not the right people."

Andrews further said a good working relationship between Rear Detachment leaders and senior spouses is critical.

"Families need to know who exactly to call for information. The RDC must develop a command information campaign early. The campaign is designed to provide the Families timely, accurate information they can rely on. A commander will not be successful on the home front if the grapevine is perceived as more effective than official channels," he said.

CALL has a number of FRG resources, to include the handbook, on the public Web site at **http://call.army.mil/frg.asp**.

**Some of the key lessons learned in writing the handbooks included:**

- **FRGs encourage self-sufficiency among its members;**
- **FRG achieves Family readiness by providing emotional support and activities to build a cohesive team;**
- **FRG and the Rear Detachment provide the primary support to family member during the unit's deployment;**
- **The "right person" must be selected for the Rear D commander (RDC);**
- **Establish and integrate the Rear D team early;**
- **Train the team prior to deployment;**
- **Trust the Rear D commander and team once the unit deploys.**

# SOCCER FRIENDLY MATCH SCORES GOAL FOR U.S.-KUWAITI RELATIONSHIP

*By Pfc. Christopher T. Grammer*
*Desert Voice staff writer*
*U.S. Army Central Public Affairs*

CAMP BRIFJAN, KUWAIT—Members of the Kuwaiti General Department of Patrol and Soldiers of the 311th Sustainment Command (Expeditionary) were brought together in friendly competition during a soccer match held June 28, 2008 at a pitch outside the Kuwait City International Airport.

The match was held to help build relations between U.S. service members and Kuwait.

"The reason for this game is to bring us closer together and to get to know each other, because we serve here as one team," said Col. Soad Al-Muteeri, commander of convoy escort security for the General Department of Patrol.

The match started quick with both sides showing great effort, however the U.S. team dominated possession in the first half.

Despite the aggressive play of the U.S. team, the first goal of the game was made by the Kuwaiti team's striker Mohammad Al-Mutairi who dribbled the ball straight through the U.S. defense for an outstanding individual effort.

The U.S. team responded shortly after with a goal of their own made by the U.S. team's center forward Jeffrey Slaga.

Following a corner taken by right midfielder Michael Perez the Kuwait team gained possession and drove the ball up the pitch to Al-Mutairi who scored yet another goal.

In a sudden shift of events the U.S. team gained another three goals before the end of the half due to the efforts of center forward Peter Amara and an own goal off one of the Kuwait teams defenders leaving the score at 4-2 with the U.S. in the lead.

"It was fast paced in the first half and the passing was good," Perez said. "We had a lot of good crosses and a lot of good opportunities."

The Second half of the game started out at a much slower pace than the first with both teams becoming fatigued.

Each team exchanged final blows dealt by Perez and the Kuwait teams forward Mohammad Jamah-Ah before the games conclusion which brought the final score to a 5-3 win for the U.S. team.

After the match, the game ball was presented to the Kuwaiti team by Brig. Gen. William Frink, commanding general of the 311th ESC.

The U.S. team, who had uniforms specially made for the match, exchanged kits with the Kuwaiti team as a friendly gesture.

Pfc. Christopher T. Grammer

Capt. Peter Amara, left, Headquarters and Headquarters Company commander 311th Sustainment Command (Expeditionary) attempts to steal possesion from a Kuwaiti midfielder.

# AUSA SELECTS VOLUNTEER FAMILY OF THE YEAR

*By Sara Nelson*
*AUSA Family Programs*

WASHINGTON, D.C.—The Association of the United States Army (AUSA) Family Programs has announced that Ronald Dean Rallis, Sr., his wife Sherry, and their five children have been selected as the 2008 AUSA Newell Rubbermaid Volunteer Family of the Year. The award recognizes an exceptional Family whose volunteerism has contributed significantly to the well-being of the Army community and will be presented on Oct. 6, 2008, at the opening ceremony of the Association's Annual Meeting (Oct. 6-8) at the Walter E. Washington Convention Center in Washington, D.C.

Courtesy Photo

AUSA Newell Rubbermaid Volunteer Family of the Year, front row from left: daughters Katrina, Jessica, wife Sherry and Lt. Col. Ronald Rallis; back row from left: sons Roz, Justus and Nick.

The Rallis Family, who were nominated by AUSA's Greater Los Angeles Chapter, currently resides in Fullerton, Calif. Lt. Col. Rallis serves as the Command Judge Advocate for the 652nd Regional Support Group in Helena, Mont.

Rallis is a strong advocate for volunteerism among his Family and fellow Soldiers. His resume includes 19 years of allocating at least four to five days per month to mentor Soldiers on career development, Family advice, benefits/entitlements, Uniformed Services Employment and Reemployment Rights Act (USSERA), and Servicemembers Civil Relief Act (SCRA). Rallis has also spent 12 years as an instructor for the Army Reserve Family Readiness Education for Deployment and Family Programs Academy (ARFRED/FPA). He has been the recipient of numerous awards to include the General Douglas MacArthur Leadership Award, the Department of the Army-Commander's Award for Public Service in 2007 honoring over 2,000 hours of volunteer work.

Sherry Rallis, a nationally certified FPA/ARFRED instructor, has facilitated courses and workshops for the past 12 years. She also spent two years as an Army Family Team Building Instructor and National Master Trainer, and a total of six years as a Family Readiness Group Leader at the 78th and 75th Legal Support Organizations.

To further assist Army Families' transition to changes in the home, Mrs. Rallis developed a training program entitled the "Family Readiness Process" which the 63rd Family Programs Director has implemented with high reviews. Mrs. Rallis has also been the recipient of numerous volunteer awards in honor of her 3,000 hours of volunteer service to include the Department of Army Outstanding Civilian Service Award, the Department of Army Commander's Award for Public Service and the Department of Army Patriotic Civilian Service Award.

The Rallis' two adult daughters, Jessica and Katrina, and 19-year-old son, Justus, formed the "Freedom Feet" Patriotic Dance Troupe to help provide entertainment and build morale during deployment and reunion events. The dance troupe also participated in community awareness events, letter writing, and distributed over 600 care packages to Soldiers.

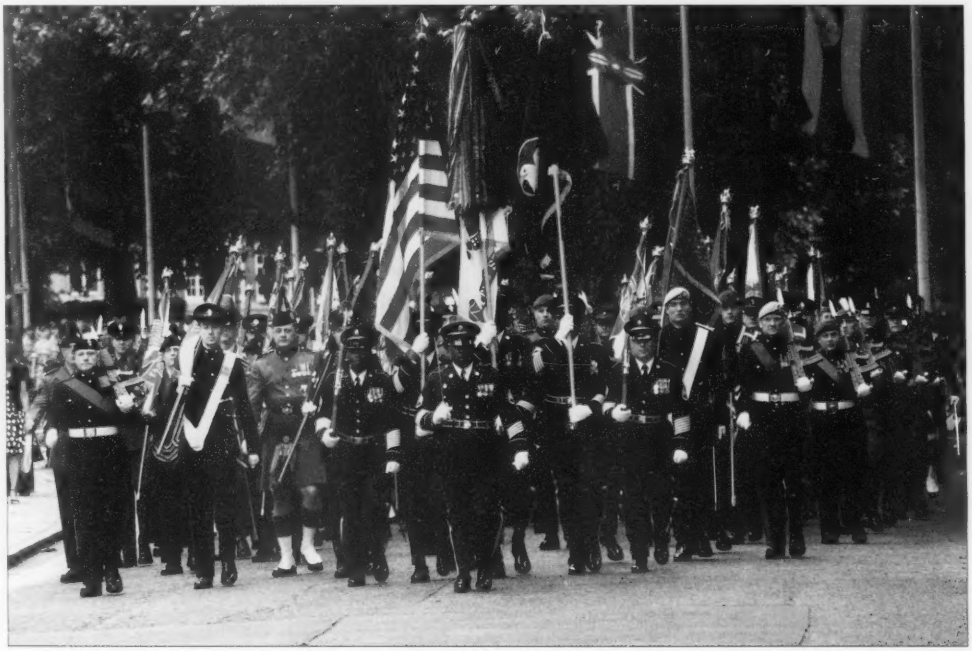
Along with assisting in the dance troupe, Justus has served two years in Army Junior ROTC at Fullerton Union High School and currently volunteers weekly as a Junior High Boys' Core Group Leader at First EV Free Church of Fullerton. He has also spent four summers as a Volunteer Camp Counselor to fourth graders at Forest Home Camp, Calif.

## WORKING TO EXPAND EMPLOYMENT OPPORTUNITIES

# BRITISH AND U.S. RESERVE ARMIES

*By Sgt. Maj. Troy Falardeau*
*Army Reserve Public Affairs*

Despite a rocky beginning to the American-British relationship nearly 250 years ago, one of this country's closest allies today is the United Kingdom. Our common interests since then have helped us develop strong bonds with our British military counterparts. Recently, those interests led to an innovative bilateral initiative that has positively affected civilian employment opportunities for U.S. Army Reserve Soldiers.



Courtesy Photo

At the 100th Birthday of the British Territorial Army in June 2008, the U.S. Army Reserve Color Guard leads the TA Regimental Colors for review by the His Royal Highness, the Prince of Wales.

In July 2006, the British Ministry of Defence began development of a program called "Defense Career Partnering." The long-term goal of the program is to cooperate with civilian employers to "enable continuous service in the Defence Community and a framework that offers an opportunity for individuals to develop their skill sets and careers on a flexible, but agreed, basis. For many British soldiers, that means greater civilian employment opportunities with companies that understand and adjust to their employee's military requirements.

Leaders of the British Territorial Army (TA), the equivalent of the U.S. Army Reserve, immediately saw the benefits to their organization and its "citizen-soldiers." By partnering with businesses, such as British Telecom and Sodexho, the British TA could provide its citizen-soldiers a career with costs and benefits shared by the Ministry of Defence and the civilian employer.

If all of this sounds familiar to Warrior-Citizen readers, it is because the British TA and the U.S. Army Reserve have been jointly developing this program on both sides of "the pond". In the U.S., the initiative is called the Employer Partnership.

The bond grew out of the relationship that Lt. Gen. Jack C. Stultz, chief, Army Reserve, and Brigadier Greg Smith, Director Reserves (Army), developed as a part of the American, British, Canadian, Australian (ABCA) Armies Program. Smith's British TA position is equivalent to U.S. Army Reserve commanding general.

Each of the two organizations shared a common birth year in 1908, so it seemed only natural to develop a better understanding of our common past and share our celebrations of origin according to Smith. Along the way, however, "we realized we also share common challenges and opportunities as we build our future.

On April 23, 2008, Smith shared the stage at the 100th Anniversary of the U.S. Army Reserve in Washington, D.C., where he was the honored guest of Stultz. In June, that hospitality was returned when Stultz and members of his staff were welcomed to London where they received in-depth briefs about the British TA and the progress of Defense Career Partnering.

"I believe our Army Reserve is better able to serve our Soldiers thanks to our allies in the British TA and the initiative their Ministry of Defence developed," said Stultz. "I encourage all Army Reserve Soldiers to find opportunities like this to transform and strengthen our force."

For more information on ABCA, visit: **http://www.abca-armies.org/Default.aspx?AspxAutoDetectCookieSupport=1.**

# ARMY RESERVE RECOGNIZES MEMBERS OF CONGRESS WITH DISTINGUISHED LEGISLATOR AWARD

*By Kathie R. Scarrah*
*Congressional Affairs Officer*
*Office, Chief Army Reserve*

WASHINGTON, D.C.—The Army Reserve recently recognized two prominent members of Congress for their support of America's Warrior-Citizens with the Brig. Gen. Theodore Roosevelt, Jr. Distinguished Legislator Award.

Lt. Gen. Jack C. Stultz, Chief, Army Reserve, and commanding general, U.S. Army Reserve Command, presented the awards to U.S. Senator Daniel Inouye (D-HI) and U.S. Congressman Jim Saxton, (R-NJ 3rd) in their Capitol Hill offices.

"It is with deep gratitude that the U.S. Army Reserve today recognizes the extraordinary support the Army Reserve has received over the years from Senator Inouye and Congressman Saxton," Stultz said. "This award is a testimonial to the bicameral and bipartisan support the Army Reserve has gained from Congress. As Chairman of the Senate Appropriations Subcommittee on Defense, Senator Inouye has tirelessly served his constituents, including more than 70 Army Reserve units and more than 3,000 Warrior-Citizens who live, work and drill in Hawaii."

Congressman Saxton, who is ranking member of the House Armed Services Air and Land Forces Subcommittee, has also distinguished himself with a deep commitment to our Warrior-Citizens, including more than 2,000 Soldiers and more than 50 Army Reserve units that live, work and drill in his district. As commander of the 205,000 Army Reserve Warrior-Citizens who serve our nation at home and in 18 countries around the world, we appreciate their enduring support," Stultz said.

The Brig. Gen. Theodore Roosevelt, Jr. Distinguished Legislator Award was established on July 12, 1994, the 50th anniversary of the death of BG Theodore Roosevelt, Jr. Brig. Gen. Roosevelt, Jr. was an Army Reserve Soldier, public servant, explorer, philanthropist and combat hero of two world wars. He was recognized with the Medal of Honor for his heroism in the battle on D-Day, where, recalled to active duty with the Army Reserve with the 4th Infantry Division, Gen. Theodore Roosevelt, Jr. demonstrated extraordinary leadership in the assault landing on Utah Beach. His legacy of service as an officer in the U.S. Army Reserve in peace and war exemplifies the noblest traditions of the American Warrior Citizen.

Previous winners of the prestigious award include former Senators Sam Nunn (D-GA) and Senator Strom Thurmond (R-SC).

Kathie R. Scarrah

U.S. Senator Daniel Inouye (D-HI) accepts the Brig. Gen. Theodore Roosevelt Jr., Distinguished Legislator of the Year award from Lt. Gen. Jack C. Stultz.

Jason Neuringer

Lt. Gen. Jack C. Stultz presents the Brig. Gen. Theodore Roosevelt Jr., Distinguished Legislator of the Year award to U.S. Congressman Jim Saxton, (R-NJ 3rd).

# ARMY RESERVE OFFICER FIRST FROM U.S. TO ATTEND NEW COURSE IN VIETNAM

*By Staff Sgt. Timothy J. Meyer*
*U.S. Pacific Command Public Affairs*

CAMP SMITH, HAWAII—An Army Reserve officer assigned to U.S. Pacific Command (USPACOM) was selected to be the first U.S. service member to attend the First Training Course for International High-Ranking Military Officers at The National Defense Academy, in Hanoi, Vietnam. The course ran from March 4 to June 3, 2008.

Lt. Col. John Sutherland, a U.S. Army Reserve Soldier based in Seattle, Wash., was one of approximately 25 officers from countries outside of Vietnam selected to attend.

"Vietnam is an important country in the Asia-Pacific region and in the world," said Sutherland. "Following Vietnam's accession to the World Trade Organization last year, they recently became a non-permanent member of the United Nations Security Council, which shows that Vietnam is willing to play a larger international role," he continued.

The three-month course, offered for the first time by the Vietnamese Ministry of Defense, included seminar lectures and discussion on Vietnam's history, culture, politics and economy as well as Vietnam national defense and security issues. The course also provided an overview to the People's Army, its make-up and its role in Vietnamese society.

A 24-year veteran currently serving in the U.S. Army Reserve, Sutherland has been working on Vietnamese-U.S. issues since 2000 as a Southeast Asian foreign area officer at USPACOM. In his civilian job he works at Boeing as a security consultant.

Courtesy Photo

Students at 1st International Officers Course gather for a class photo. Left to right are: Col. Kimheng Long, Cambodia; Col. John Namoloh, Namibia; Col. Saal Mohamed, Algeria; Col. Manvendra Singh Jaswal, India; Lt. Col. John Sutherland, United States; Cdr Zahid Iqbal Chouhdary, Pakistan; Lt. Col. Razak Ahmad, Malaysia; Col. Todor Dimitrov, Bulgaria; Col. Heryanto Rachman, Indonesia; and Lt. Col. Mahendra S.S. Sundram, Malaysia.

"VISIT OUR UNITS, GET TO KNOW OUR SOLDIERS"

# AMBASSADOR DYESS

*By Becky Gallagher*
*Public Affairs Office*
*81st Regional Readiness Command*

To those involved in the Army Reserve Ambassador program, John Loma Dyess needs no introduction. He has been one of the most active members since his first appointment to the voluntary position by the Chief of the Army Reserve (CAR), in September 2002.

Dyess was reappointed in September 2005 and was a member of the Executive Committee in 2006. He served as the host of the 2006 Ambassadors Conference in Atlanta.

**We have really unique units and truly special individuals who comprise the Army Reserve." —John Dyess**

One of his favorite achievements is being appointed by the CAR to keep our Soldiers a priority in our communities.

In his duties as an ambassador, Dyess is concerned that reserve units are not taking full advantage of the services the program can provide. He feels that the problem stems from a lack of communication.

"I want to get the American public—the business community and the elected officials—to understand that the Army Reserve is a distinct organization apart from the Army and apart from the National Guard. We have really unique units and truly special individuals who comprise the Army Reserve."

He stresses that ambassadors must encourage the community to visit our units and get to know our Soldiers. They must identify and get to know the people who influence a community's perception of the military and of the Army Reserve.

"What we have to work on is making people understand and appreciate that the Army Reserve is an organization and Army Reserve Soldiers are a vital part of our national defense," said Dyess.

Becky Gallagher

### For More Info

Ambassador Program
2400 Army Pentagon
Arlington, VA 22202
Fax: 703-601-0839
E-mail:
ambassador@usar.army.mil

Ambassador Program Manager:
Vonda Chisolm
703-601-0844

Coordinator:
Ms. Caroline Jones
703-601-0871

## *DO YOU KNOW YOUR AMBASSADOR?*

### John Loma Dyess

10042 McCormick Place, Knoxville, TN 37923
865-850-9960 or john.l.dyess@us.army.mil

**Business Position**
President and CEO, Dyess & Associates

**Military Experience**
Lt. Col., U.S. Army Reserve (Ret.), Nov 1993; Deputy Comptroller, U.S. Army Signal School and Fort Gordon; Deputy Comptroller, Fort McCoy; Comptroller, Staff, JCS and Chief; IRAC, 125th ARCOM

**Civilian Education**
Delta State University, BS in Business Administration and Political Science

**Community Honors**
Volunteer of the Year, Helen Ross McNabb Center; Tennessee Distinguished Patriot Award; Mayor's Award for Public Service; 30 Oct 2002 was proclaimed "John L. Dyess Day in Rutherford County, Tenn.

**Organizations, Clubs, Philanthropies**
American Legion, East Tennessee Military Affairs Council, Red Cross, Episcopal Church of the Good Samaritan, Salvation Army, Knoxville Volunteer Ministry, Knoxville Area Rescue Mission

## STATES THAT HAVE ALSO CELEBRATED THE ARMY RESERVE'S 100TH ANNIVERSARY

### AS OF SEPTEMBER 1, 2008

| | | | | |
|---|---|---|---|---|
| Arizona | Kansas | Mississippi | Oregon | Virginia |
| California | Louisiana | Nebraska | Pennsylvania | Washington |
| Connecticut | Maine | New Hampshire | Puerto Rico | Wisconsin |
| Delaware | Maryland | New Mexico | Tennessee | |
| Idaho | Massachusetts | North Carolina | Texas | |
| Illinois | Michigan | North Dakota | Utah | |
| Iowa | Minnesota | Oklahoma | Vermont | |

# PUERTO RICO MEMORIALIZES ONE OF THEIR OWN

*By Marc McCormick*
*Public Affairs Office*

FORT BUCHANAN, PUERTO RICO —July 4, 2008 at Fort Buchanan began with a memorialization for Spc. Frances M. Vega, the first female Soldier from Puerto Rico to die in the Global War on Terrorism in Iraq.

In his remarks, Fort Buchanan Commanding Officer Col. Edwin C. Domingo said, "No ethnic group has greater pride in itself and its heritage than the Puerto Rican people. Nor have I encountered any that can be more dedicated and zealous in support of the democratic principles for which the United States stands. Many Puerto Ricans have fought to the death to uphold them."

Vega was killed when the helicopter she was riding in was hit by a missile fired by insurgents Nov. 2, 2003.

Part of the ceremony also renamed Gate 901 of Fort Buchanan as the Spc. Frances M. Vega Gate along with the dedication of a monument, with bronze plaque, to remind visitors of her ultimate sacrifice in the fight for freedom.

"Today's ceremony touches our hearts in a very unique way," Domingo said. "On this special day, the Fort Buchanan family honors one of our own. Frances and her family exemplify Fort Buchanan's definition of family.

"The memorialization of Gate 901 after Spc. Frances M. Vega will be a silent tribute from all the military and civilians who enter this gate to recognize the heroic acts of selfless people like her. Spc. Frances M. Vega represents those who served and those who are serving today and will mentor those who will be serving our great nation in the future as part of another generation of Soldiers," Domingo said.

Marc McCormick

Col. Edwin Domingo, Fort Buchanan commander, and Wanda Benitez, the mother of Spc. Frances Vega, unveil a monument dedicated to the memory of her daughter. Vega's father, Orlando (right) and the Civilian Aide to the Secretary of the Army. Maj. Gen. (ret.) Felix A. Santoni watch.

FOR 307TH MP CO. SOLDIERS

# MEMORIAL AND DEDICATION

Sgt. Ferdinand Thomas

Members of Sgt. Eric Hull and Sgt. Nicholas Tomko's Families and members of the 307th Military Police Company unveil the memorial built for the units' fallen Soldiers. The dedication ceremony was held in honor of Hull and Tomko.

*By Sgt. Ferdinand Thomas*
*Public Affairs Office*
*99th Regional Readiness Command*

NEW KENSINGTON, PA —Sgt. Eric Hull and Sgt. Nick Tomko were privileged like few others in the history of the 307th Military Police Company on June 8, 2008, when a memorial was placed in front of the Army Reserve center here bearing their names during a memorial and dedication ceremony. Hull and Tomko who were both killed in Iraq while battling insurgents in 2003.

Friends, family and former battle associates gathered to honor the fallen Soldiers. Many of New Kensington's citizens also came to the center to take part in the 307th MP Co's. ceremony Many of the attendees had many great things to say about Hull and Tomko.

Many of the attendees had many great things to say about Hull and Tomko. Happy thoughts and cheerful conversation helped keep the morale up during and after the ceremony. At times the emotion from many could not be held back. When that happened tears would start to fall and one phrase would be said, 'We need to make sure no more names go on that wall.'

"I'm extremely honored and proud that the 307th honored these young men like this," said Eric's mother, Debbie Hull, while holding back tears. "It's simply beautiful."

Happy thoughts and cheerful conversation helped keep the morale up during and after the ceremony. At times emotions from many could not be held back. When that happened tears started to fall and one attendee was heard to say, 'We need to make sure no more names go on that wall.'

At the conclusion of the ceremony the Bronze Star, Purple Heart and Combat Action Badge were presented in private to the families of the fallen Soldiers.

# ARMY RESERVE BREAKS GROUND FOR CONTROLLED HUMIDITY PRESERVATION WAREHOUSE IN TEXAS

*By Sgt. 1st. Class Robert R. Ramon*
*345th Public Affairs Detachment*

ROBSTOWN, TEXAS—The U.S. Army Reserve held a groundbreaking ceremony for a $9.1 million state-of-the-art Controlled Humidity Preservation Warehouse here July 28, 2008.

Over 100 people attended the ceremony in anticipation of construction that will provide a strategic asset to the Army Reserve by accelerating strategic response time, reducing the logistics footprint, and increasing training requirement responsiveness. Those in attendance included Lt. Gen. Jack Stultz, chief, Army Reserve and U.S. Congressman Solomon Ortiz.

"This facility will be state-of-the-art and play a vital role for the military by providing climate-controlled storage and protection for our equipment," said Ortiz. "Shortfalls in our equipment and training can severely impact our ability to respond to future attacks or natural disasters. By constructing facilities such as this one we can ensure that our armed forces have the tools they need to achieve their missions," Ortiz said of the more than one-million-square-foot facility.

The warehouse will store heavy military equipment in an atmosphere that eliminates a concern for rust and corrosion. Its strategic location here will allow for rapid deployment of over 200 Reserve units in the southeast and south-central United States.

As the Army Reserve continues through its transformation process, the facility will help modernize business practices, leverage technology, streamline organizational functions and reporting chains and align maintenance capabilities with requirements.

"This facility will be state-of-the-art and play a vital role for the military by providing climate-controlled storage and protection for our equipment."
—Solomon Ortiz

"As we're transforming the Reserve into what we call an operational force, we're going to call upon [Reserve Soldiers] on a regular basis to defend this nation," said Stultz. "We'll have to have the facilities to put our equipment in so that it's ready when we need it."

Expected to be completed by July 2009, the warehouse will be constructed on 50 acres of undeveloped, donated land located in close proximity to major highways, the port of Corpus Christi and the Corpus Christi International Airport.

Sgt. Nina J. Ramon

Breaking ground for the U.S. Army Reserve Controlled Humidity Preservation Warehouse (from left to right) are Frank Sanchez, Robstown Improvement Development Corp., Oscar Ortiz, Nueces County Commissioner, Precinct 3, Robstown Mayor Rodrigo Ramon, Jr., U.S. Rep. Solomon Ortiz, Lt. Gen. Jack C. Stultz, Chief, Army Reserve, Zulema Zapata of Texas State Representative Abel Herrero's office and Armando Gonzalez, Robstown Improvement Development Corp. board president.

# 1079TH GSU HOLDS DISCONTINUATION

*By Staff Sgt. Pascual Flores*
**Fort Dix PAO/1079th GSU**

FORT INDIANTOWN GAP, PA —Soldiers from the 1079th Garrison Support Unit (GSU) reunited at Fort Indiantown Gap, Pa., Aug. 23, 2008 with former unit members to pay final tribute to the colors that originated there 22 years ago.

Armed with plaques, trophies and newspaper articles showing the history and accomplishments of the unit throughout their tenure at Fort Dix, N.J., Col. Andrew Burns, the eighth and final 1079th GSU commander, and several Soldiers, conducted a casing of the colors ceremony for past commanders and command sergeants major before the official discontinuation of the unit scheduled for Sept. 15, 2008.

In a room decked out with all the state flags, unit members both past and present watched as the honor guard marched down the aisle proudly carrying the American flag, the Army flag and, for the last time, the colors of the 1079th Garrison Support Unit.

Lt. Col. Stuart Knade, master of ceremonies and a member of the 1079th since 1994, introduced the past commanders and command sergeants major to those in attendance of the event.

The first commander of the unit, Col. Philip Petter (ret.), a 31-year veteran with the Army Reserve, who assumed command of the unit in 1986, was the first to address the audience. "When the unit first started, we did not even have a flag," Petter said.

Other former commanders who were present included retired Col. William Staub, second commander; Brig. Gen. Alan Davis (ret.), third commander, and Maj. Gen. William Terpeluk, commanding general of the 77th Regional Readiness Command and fourth commander of the 1079th, who was responsible for bringing the 1079th to Fort Dix in March, 1996.

For Burns, the ceremony represented two major accomplishments in his military career—the discontinuation of his present command and his promotion to colonel while on assignment to Fort Bragg, N.C.

"I've been to a number of inactivations and you can see the hurt in the eyes of the Soldiers and with the hurt goes the pride," said Petter.

Master Sgt. Angela Rehmus (ret.)

Command Sgt. Maj. Michael Grandy, left, command sergeant major of the 1079th Garrison Support Unit (GSU) and Col. Andrew A.R. Burns, commander 1079th GSU, case the colors at its discontinuation ceremony held at Fort Indiantown Gap.

# LT. GEN. HELMLY RETIRES AFTER 42 YEARS OF SERVICE

*By Timothy L. Hale*
*Army Reserve Public Affairs*

FORT MCPHERSON, GA — As the waning days of summer marked the changing of the seasons at Fort McPherson, Ga. it also heralded the beginning of a new phase in the life of the 30th Chief of the Army Reserve, Lt. Gen. James R. Helmly.

Hundreds turned out at Hedekin Field Sept. 19, 2008 to mark the retirement of Helmly after more than 40 years of military service to the United States.

After thanking his Family, close friends and those who have mentored him throughout his career, the Savannah, Ga. native introduced himself simply by saying, "My name is Ron Helmly and I'm an American Soldier."

Timothy L. Hale

Lt. Gen. James R. Helmly salutes Army Chief of Staff, Gen. George W. Casey, Jr. during Helmly's retirement ceremony as Helmly's wife, Maria, looks on. Helmly retired after 42 years of military service to the nation.

Helmly, who served as the CAR from May 2002 to May 2006, started his military career as an enlisted Soldier in 1966. One year later, he was commissioned as a second lieutenant through Officer Candidate School.

Throughout his long and storied career, Helmly served in a variety of leadership positions to include two tours in Vietnam. His most recent assignment was serving as a U.S. Defense Representative to Pakistan from July 2006 to July 2008.

"Because of leaders like Ron Helmly, we are indeed One Army: a combat-seasoned, professional force making a positive difference in the difficult world of the 21st Century," said Army Chief of Staff, Gen. George W. Casey, Jr.

"He's led, trained and mentored Soldiers who have fought in all of our country's wars over the last 40 years," Casey continued. "While each war was different than the last, each required capable, confident Soldiers and caring Families who sustain our all-Volunteer Force."

A member of the Infantry Hall of Fame, Helmly honored the men and women who answered the call to military service.

"For many of us, when we've been needed, we've been there. That's been my high honor. To be there when my nation called," Helmly said.

Helmly said his time in Pakistan "solidified in my mind that the world remains a dark, dangerous place. That evil exists and that there are always those to wish to extinguish the flame of Liberty that we enjoy."

"I am, however, confident that because of the men and women who serve our nation today in all of our armed services and across our government, that flame of Liberty will continue to burn brightly," he concluded.

USARC HONORS FALLEN PATRIOTS

# 9/11 REMEMBRANCE

*By Timothy L. Hale*
*Army Reserve Public Affairs*

On the seventh anniversary of the day hijacked airliners slammed into the Pentagon, the World Trade Center towers and a fourth crashed in a Pennsylvania field, Army Reserve Command headquarters personnel honored the American patriots who lost their lives that day.

In a solemn ceremony held in the USARC atrium, hundreds turned out to remember and reflect.

Hosted by the Army Reserve Command Chaplain's office, the names of military and Defense Department civilians killed in the Pentagon were read… each name followed by a single haunting tone from a brass bell.

Throughout the day, the atrium maintained a sense of dignity, reverence and respect as honor guards representing the Army, Navy, Marines and Air Force stood in silent vigil.

Let us all remember the men and women who became the first casualties in the war on terrorism. Theirs is a sacrifice that should be honored each and every day. ✪

Clockwise from top left: Randy Flisak rings a bell for each of the military and government civilians killed in the 9/11 attack on the Pentagon. Mr. Flisak was working at the Pentagon on the day of the attack. Soldiers and civilians read the displays honoring the military and government civilians killed in the 9/11 attacks on the Pentagon, the World Trade Center and Flight 93 in Pennsylvania. Staff Sgt. Dinah Brooks touches a board with the names of the military and government civilians killed in the 9/11 attack on the Pentagon. Master Sgt. Jose' Canales, chaplain's assistant, salutes during the ceremony. (PHOTOS: REBECCA O'TOOLE, HQ USARC)

# IN MEMORIAM

AS OF SEPTEMBER 15, 2008

SGT Kevin D. Akins
MAJ Stuart M. Anderson
SGT Roberto Arizola, Jr.
SPC Farid El Azzouzi
CSM Edward C. Barnhill
SGT Gregory A. Belanger
CPL Mark A. Bibby
SFC Kelly M. L. Bolor
SPC Roy Buckley
SPC Dustin R. Brisky
MSG Thomas L. Bruner
SPC Charles E. Bush, Jr.
CPT Paul J. Cassidy
PFC Thomas D. Caughman
SPC Doron N. Chan
SPC Jonathan M. Cheatham
SSG Thomas W. Christensen
SSG Lillian L. Clamens
SGT Ross A. Clevenger
1SG Christopher D. Coffin
SPC Gavin J. Colburn
SGT James S. Collins, Jr.
MAJ David S. Connolly
SSG Todd R. Cornell
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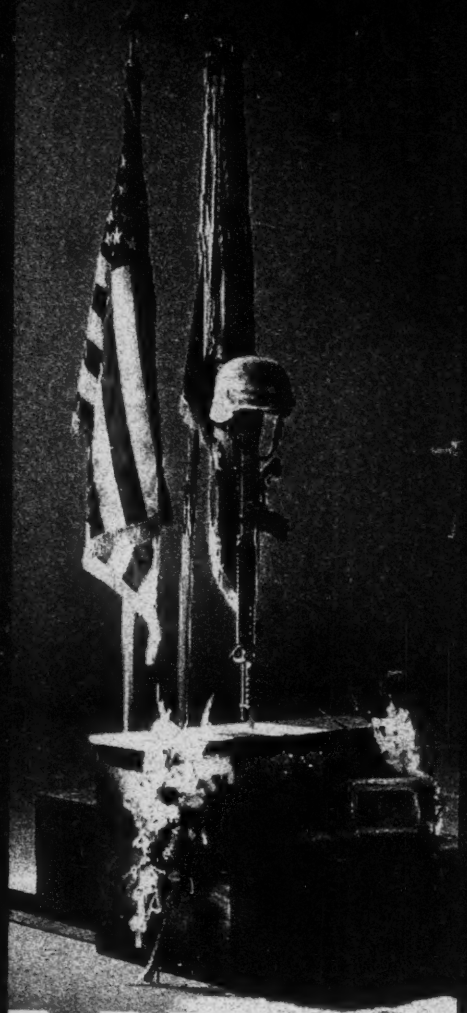

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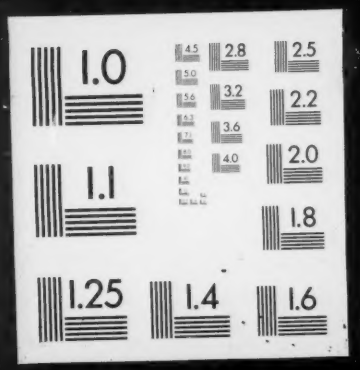
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